

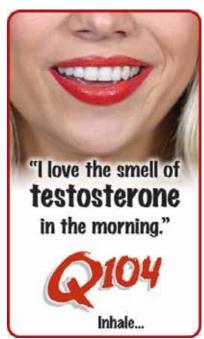


HALIFAX



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11 STRAIGHT WINS

Halifax Moosehead Stefan Fournier and Francis Lambert-Lemay of the Drummondville Voltigeurs battle for the puck during QMJHL action at the Halifax Metro Centre. The Mooseheads won 6-2. Story, page 40. JEFF HARPER/METRO

Convention centre design plans panned

City Matters.

Participants at publicconsultation session say more work needed

Early design plans for the Nova Centre's public space were met with some criticism on Wednesday.

Frank Palermo attended the public-consultation event held at the Westin hotel and said he was disappointed by virtually everything he saw.
The Dalhousie University

professor with the schools of planning and architecture was especially put off by a partly skylit roof above Grafton Street, which divides the proposed \$500-million convention centre. He also took aim at a staircase and escalators joining Grafton and Argyle.

"This just reminds me of a traditional mall that could be filled with almost anything,"

Not impressed

"It looks more like a corporate building as opposed to being a civic structure.

Frank Palermo, Dalhousie University professor, on early design plans for the Nova Centre

said Palermo. "The connection between Argyle and Grafton should be more like the Span-ish Steps in Rome, not a tiny little stair and escalator."

Palermo was pleased, however, with the centrepiece of the convention centre: the glass-encased ballroom that frames the structure.

Brynn Horley also attended the meeting and said she supports the metropolitan spirit of the centre's public space, which will include an atrium and events plaza and possibly a

sculpture and fountain. However, she was con-

cerned by a "sterile" aspect to the design and worried about birds flying blindly into the

Developers are hoping that Grafton Street will be turned into a car-free artery, though it won't happen without HRM's approval.

Currently, the entrance of the parking garage is located on the more pedestrian-friend-ly Argyle Street. Developer Joe Ramia said he's hoping to minimize traffic flow by putting the entry as close to Sackville Street as possible.

The commercial components of the project will include two towers, a hotel and the ballroom.

Ramia told the audience he welcomed their input, adding he would try to incorporate the feedback into the final design plans.

Another public consultation is scheduled for Nov. 21. The final design will be revealed Dec. 5. ANDREW RANKIN/METRO



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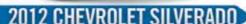




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Call for donations

Salvation Army needs help restocking after fire at thrift store

The Salvation Army is pleading for donations after it lost the entire stock of a south-end thrift store when the adjacent restaurant caught fire.

The Salvation Army Thrift Store at 5280 Green St. sustained major smoke and water damage after a blaze erupted at the restaurant next door on Saturday.

Bill May, property and facility manager for the East Coast thrift stores, said clothing, furniture, books, new mattresses and electronics were among the items lost in the

"The donations themselves are not covered by insurance," said May from Oakville, Ont., on Wednesday. "We'll have to go through quite a process to restock the store just to get it open."

May said part of the wall in the store's holding room for donations needed to be removed, and holes were cut in portions of the ceiling to vent smoke.

May said he's hoping it will only take a couple of weeks for the store to reopen. "But much will depend on the response from the community because we do rely heavily on donations," said May, who was in Halifax from Sunday to Tuesday to assess the damage.

Donations can be made to several thrift stores across the municipality including Strawberry Hill in Halifax and Sackville Drive in Lower Sackville. ALY THOMSON/FOR METRO





Residents miffed over vanishing crosswalks

Dartmouth. City has eliminated two marked crossings because of low use



THOMSON

Residents of a Dartmouth community are outraged that a 20-year-old crosswalk was repainted and then erased in what the municipality is call-

ing "a mix-up."

Coun. Darren Fisher said he's fielded a barrage of calls since the crosswalk at Waver-ley Road and Applewood Lane was removed last month.

He said the crosswalk was repainted after a latesummer resurfacing project, but a few days later it was painted over.

Tony Mancini, who has lived in a house at the intersection for 17 years, said community members are trying to understand the ration-

ale.
"I've got lots of neighbours that are just shaking their heads," said Mancini on Wednesday. "It's been very frustrating because we really, truly believe it's a safety

Taso Koutroulakis, acting manager of traffic and right-of-way services at HRM, chalked it up to be "a bit of a

There's crosswalks disappearing in portions of probably everyone's districts.'

Coun. Darren Fisher

mix-up."

Koutroulakis said that when roads are repaved HRM reviews marked crosswalks and considers criteria such as traffic volumes and whether 20 pedestrians use the crosswalk within one hour in any given hour of the day.

Mancini's crosswalk didn't fit the bill.

"Unfortunately, another contractor that we had work-

ing for us doing our annual pavement and marking project wasn't made aware of this change and they went ahead and painted the crosswalk anyway," said Koutrou-lakis. "Once we became aware of that, we asked them to immediately rectify that issue.

Koutroulakis said because the crosswalk has already been reviewed, residents won't be seeing new white lines stretching across the road any time soon.

"Down the road if traffic conditions change or ped-estrian patterns change, we would definitely review it again. But at this point, no, because we've already looked

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Province spending \$500,000 to expand anti-bullying initiative

Bullying. Three-year program centres on restorative approach to conflict resolution



Nicole Marshall, Katelyn Salter and Dawnavan Young were all bullied, but they say the abuse stopped after they faced their tormenters with their classmates by their side.

Three years ago, Sycamore Lane Elementary School introduced a restorative circle program which let the trio of 11-year-olds and their fellow students sit together to work out their struggles and offer each other advice.

School officials say bullying, absenteeism and other problematic behaviours were all reduced as a result.

all reduced as a result.
Currently 27 Nova Scotia schools use restorative approaches to root out bullying.

Education minister Ramona Jennex was at Sycamore Elementary Wednesday to announce the province will spend \$500,000 over three years to expand the program province-wide.

The school also held an impromptu restorative circle session

Quote

"I was unsure about restorative approaches at first, but now I see many benefits."

Teacher Eva Clement

"We know these techniques work," said Jennex. "They foster healthy relationships and deal with conflict in many areas of their lives."

Teacher training will be rooted in International Institute for Restorative Practices.

After Katelyn was repeatedly called fat, she took her problem to a restorative circle—and the problem went away.
"I told her I was really

"I told her I was really upset, and what she was doing was really hurting me," said Katelyn. "She saw that I was really hurt and she was probably embarrassed. But I haven't been bullied since."

Grade 4 teacher Eva Clement, who led Wednesday's restorative circle, said the school has seen positive results. She says that success is rooted in the fact that people are forced to talk face-to-face and truly communicate with each other.

"The key is face-to-face communication, which is becoming more and more rare," she said. "People open up. It really is amazing. I'm not talking at you, I'm talking with you."



Students at Sycamore Lane Elementary in Lower Sackville say restorative circles like this one, led by teacher Eva Clement, help eliminate bullying by forcing kids to talk openly with each other about their problems. ANDREW RANKIN/METRO NEWS

Killing grey seals could become big business

The head of the world's largest seal processing facility says if Canada approves a proposal to pay hunters to kill 70,000 grey seals off the East Coast, his company is eager to fill the global demand for grey seal products.

There's just one problem.

Dion Dakins, CEO of Newfoundland's Carino Processing Ltd., says even though the demand is there, key markets in Europe and China remain closed.

"It will require substan-

tive action to open those markets to the products," he said in an interview Wednesday from South Dildo, N.L. "Markets internationally for seal products are challenged right now."

Dakins, whose company has been producing seal meat, oil and furs since 1957, was responding to a senate committee report issued Tuesday that calls for the slaughter of up to 70 per cent of the grey seal population in the southern Gulf of

St. Lawrence to help restore struggling cod stocks.

The committee says the seals are eating too many fish, but a chorus of independent scientists and animal welfare groups say the call for a cull is not supported by scientific evidence.

The report also urges the federal government to promote grey seal products and develop long-term, domestic and international markets for them.

"There's a realization that

you just can't have one cull and fix the problem," Dakins said. "It's going to have to be self-sustaining for a long period of time. It must be commercial in nature and it must be profitable."

Acting Fisheries Minister Gail Shea wasn't available for comment Wednesday, but in a brief email said she is still reviewing the report.

Despite the lack of a market for grey seal products, Dakins says he's confident a Canadian legal challenge at the World Trade Organization will succeed in opening the European market as early as this spring

ly as this spring.

The European Union's 27
member states imposed a
ban on seal products in 2010,
a move that has decimated
Canada's commercial hunt
for harp seals.

As for China, Dakins said he's optimistic Canada will soon win approval from Chinese officials to sell Canadian seal meat there.

THE CANADIAN PRESS

Bureaucracy

The right to sell seal meat in China is in limbo.

 Delayed. In November 2011, almost a year after the fisheries minister announced she had landed a trade agreement to sell seal meat in China, the Chinese government called for a review of the deal, which is still on hold.

Drugs

Halifax man facing charges after a pair of drug raids

A Halifax man will be in court in late November, facing charges after a pair of drug searches.

The man was arrested when officers searched a house in the 6200 block of North Street around 10 a.m. Tuesday, seizing marijuana, cash and drug paraphernalia.

A second search at a storage unit in Bayer's Lake turned up more marijuana.

A 53-year-old Halifax man will appear in provincial court on Nov. 27 to face charges of drug possession for the purpose of trafficking. METRO

Theft

Police looking for Burnside tool store robber

Police are looking for a man who stole several items from a Burnside tool store and threatened an employee who tried to stop him.

The man walked into the Dewalt Store on Ilsley Ave.

around 10 a.m. Wednesday and put several pieces of merchandise in a duffel bag before running from the store.

A staff member gave chase but backed off when the man pulled out a knife.

The suspect is described as white, about five feet, five inches tall with dark eyes, wearing a long coat and a blue-and-white-striped toque

Event

Volunteers needed for East Coast Music Week

The premier music event in Eastern Canada is looking for residents to help out with next year's event.

East Coast Music Week is poised to be a celebration of 25 years of East Coast music, and organizers are looking to recruit hundreds of volun-

Volunteers would take on a variety of roles, including ambassadors, awards show assistants and promotion.

"Halifax has an amazing community of dedicated volunteers and we look forward to them joining the (East Coast Music Association) team for an epic celebration," a news release stated. METRO

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metr⊕ **NEWS**

Project. Liquefied natural-gas development proposed for Nova Scotia

A small Calgary-based firm is proposing to liquefy natural gas on Nova Scotia's east coast and ship it overseas to markets in Europe and India.

The president of Pieridae Energy Canada said Wednesday he is looking for sources of gas that will be cooled, liquefied and exported by ship from Goldboro.

Alfred Sorensen, formed the company 18 months ago, said his proposal calls for the storage and export of five million tonnes of liquefied natural gas per year.

Sorensen said the project could cost close to \$5 billion and employ about 1,500 during its construction phase. A prior proposal by Maple LNG to spend \$750 million to \$900 million to bring huge liquefied natural-gas container ships to Nova Scotia's east coast was shelved two years ago. The proponents said there was a lack of demand in Canada and difficulties in obtaining supply.

But Sorensen said his pro-posal is fundamentally different because the firm hopes to purchase natural gas and then

- Alfred Sorensen said he will propose to the Maritimes and Northeast Pipeline that his company will purchase supplies of natural gas from shale-gas projects in the Maritimes and the U.S., and then ship the gas through the pipeline to Goldboro.
- The Maritimes and Northeast Pipeline runs 1,400 kilometres from Goldboro to Dracut, Mass. It is used mainly to ship gas produced from the Sable Island Offshore Project to customers in Canada and

export it in liquid form. "It's the exact opposite from what was originally planned here," he told a news conference in Goldboro

Sorensen said he is hoping to have customer contracts in place by March 31, 2013.

THE CANADIAN PRESS

City needs to realize its potential: Urban-affairs critic

Planning. VivaCity keynote speaker says Halifax must have a vision to succeed



ANDREW RANKIN

One of the country's most respected urban-affairs and architecture critics sees vast potential for Halifax that can only be realized if the city gets its act together.

"It could have a great future but it needs to get itself organized," said Christopher Hume. "It needs to figure out what its priorities are.

The Toronto Star columnist was the keynote speaker at Fusion's third annual VivaCity event, held at the VIA Rail station Wednesday evening. The event, designed to get residents interested in development, showcased various models of current projects in the city.

Hume says Halifax has a

lot going for it, unlike other urban centres such as Mississauga, Ont., which he called

a "collection of nothing."

"There is a distinct character, a culture here that relates to the water, to the harbour, to the navy, to all those things that have been here historically but they have been neglected for decades,' said Hume. "It looks shabby, run down, lots of empty stores, lots of empty lots.

While most Canadian cities are chronically under-Canadian funded, Hume said Halifax suffers further from amalgamation and the ruralurban conflict it created.

"The city isn't in a pos-ition to look after that many competing interests. It is madness," Hume told the crowd.

He said Halifax has to be treated like a city of the future, and predicted an influx of people over the next five

years. "The future is in cities. That's where wealth is created, culture is created. We don't value them."





Man pleads guilty in sex assault of senior

A 45-year-old Halifax man has pleaded guilty to breaking into an 84-year-old woman's home and sexually assaulting

Paul Noiles made the guilty plea Tuesday at Amherst provincial court. He will remain behind bars until sentencing Nov. 21.

A charge of unlawful confinement is being withdrawn by the Crown at sentencing.

The incident occurred Oct. in Springhill before police received a call that an 84-yearold woman in the town had been sexually assaulted.

Noiles was arrested a few hours later. It's believed he knew the victim.

Noiles is no stranger to sexual predation.

In 2000 he was convicted of break-and-enter and sexually assaulting a 71-year-old woman. He was sentenced to eight years custody for that He was also convicted

in 1999 after he was found guilty of committing sexual assault on a 17-year-old girl.

Three years earlier, in 1996, he pleaded guilty to assaulting the same girl when she was 14 years old.

Noiles was also convicted of several crimes in the 1980s.

In 1985 Noiles was sentenced to 23 months' custody after being convicted of break-and-enter with intent. and committing assault on a 62-year-old woman.

Then in 1988, he was sentenced to three years' custody after he was convicted of break-and-enter with intent and committing assault on an 88-year-old woman.

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metronews.ca metronews.ca Thursday, October 25, 2012

Metro Halifax becoming more multilingual

Statistics Canada.

Number of 'nonofficial' languages higher than in 2006

New census data suggests that despite the dominance of English and French elsewhere in the country, Canada's major cities have become multi-tongued mosaics of immigration-fuelled diversity.

English was identified as the mother tongue for 90.7 per cent of people in the census metropolitan area of Halifax, Statistics Canada said Wednesday as it released new information on languages from the 2011 census.

French, Canada's other official language, was cited by 2.9 per cent. But a total of 6.5 per cent of the population of metro Halifax has a mother tongue other than one of Canada's official languages.

Mothertonau

6.5%

of the population of metro Halifax has a mother tongue other than one of Canada's official languages.

That's an increase from 5.5 per cent in the 2006 census.

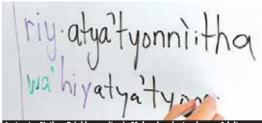
According to the 2011 census, the top five non-official languages spoken in the metropolitan area of Halifax: Arabic (1.4

per cent); one of the Chinese languages (0.9 per cent); German (0.3 per cent); Spanish (0.3 per cent); and Persian (Farsi) (0.3 per cent).

Five years ago, the census reported the top five other languages spoken were Arabic, one of the Chinese languages, German, Polish and Spanish.

In the census metropolitan area of Halifax, a total of 138 languages were identified as the "mother tongue."

THE CANADIAN PRESS



Instructor Nathan Brinklow writes in Mohawk as he teaches an Adult
Language Immersion Program on the Tyendinaga Mohawk Territory in
Ontario on Oct. 11. SEAN KUMMPRICK/THE CANADIAN PRESS.

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N.S. legislature. MLAs return to Province House

The House is back in session.

The fall session of the Nova Scotia legislature reopens Thursday at 2 p.m., marking the first time the province's 52 MLAs have sat in the House of Assembly since May 17.

Energy Minister Charlie Parker is expected to table the first bill of the new sit-

ting.
The session could be interesting: It marks the first time since the NDP took power in 2009 that it

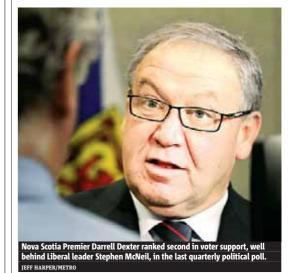
doesn't lead in voter support, according to recent polls.

In September, a Corporate Research Associates survey showed the Liberals enjoying a 10-point lead over the NDP.

The Tories were a distant third at 22 per cent.

Rumours of a possible spring election also persist, meaning this could be the last legislative session before voters head back to the polls.

METRO



Cape Breton

Talbot House submits lone bid for C.B. addiction services

Talbot House submitted the lone proposal to offer addictions-recovery-house services in Cape Breton prior to the deadline earlier this week.

The request for proposals was issued by the Community Services Department in August, but last week authority for recovery houses was transferred to the Department of Health and Wellness.

Talbot House, located in Frenchvale, closed in March after a Department of Community Services review raised a number of concerns about its operations.

The Talbot House board has vigorously challenged the review's findings.

Even with only one proposal submitted, the process will still involve evaluating Talbot House's bid based on the conditions included in the request for proposals.

CAPE BRETON POST

Hamas pummels Israel with rocket fire

Gaza war. Israeli officials claim militants were emboldened by visit of foreign leader

Hamas militants in the Gaza Strip fired dozens of rockets and mortar shells into southern Israel on Wednesday in the heaviest bombardment on the area in months, drawing ominous Israeli threats of retaliation

and dangers of escalation.

The violence came a day after a landmark visit to Gaza by the emir of Oatar. Israeli officials suggested the visit, the first by a head of state to the Hamas-ruled territory, emboldened the militant group.

The rocket fire began shortly after the emir left Gaza late Tuesday and continued through the night. Israeli officials said more than 80 projectiles were fired, and Hamas claimed responsibility for

Daily life

"We can stay at home and just hear the noise of the war."

Tamara Cohen, resident of the border community of Ein Habesor

many of the attacks. Israel responded with a series of airstrikes on rocket launchers, killing two Palestinian militants, according to Gaza medical officials. Two other PalHostilities in Gaza have

been simmering for weeks, militants sporadically firing rockets into Israel and the Israeli air force responding

with airstrikes. Hamas officials said the emir urged Hamas to do everything possible to avoid violence with Îsrael. Israel's foreign minister, Avigdor Lieberman, suggested the visit had the opposite effect, and was instead "clear support for terror." THE ASSOCIATED PRESS



Ultimatum coming?

Iran mulls harder line on nukes

Iran is weighing a more confrontational strategy at possible renewed nuclear talks with world powers, threatening to boost uranium-enrichment levels unless the West makes con-

cessions to ease sanctions. Such a gambit — outlined by senior Iranian officials in interviews this week — could push Iran's nuclear program far closer to the "red line" set by the Israeli Prime Minister for possible military options.

But it also suggests that economic pressures and diplomacy have pushed Iran to seek relief from sanctions. THE ASSOCIATED PRESS

Casualties of war

Eight more killed

Iraqi insurgents launched a new wave of attacks targeting security forces and others across the country on Wednesday, killing eight people including a 7-year-old child, police and health officials said.

The insurgents

The attacks came a

in Iragi insurgency

attacked via drive-by shootings, snipers and roadside bombs, police

day after insurgents attacked Shiite neighbourhoods in Baghdad with car bombs and mortar rounds, killing nine people and wounding 26. THE ASSOCIATED PRESS

Jordan faces down terror, Arab Spring

The foiling of a planned al-Oaida terror plot in Iordan underscores a new subplot in the story of the Arab Spring: Things are heating up for King Abdullah II, a Westernoriented monarch who has run a business-friendly, pragmatic monarchy with some trappings of democracy.

Jordan, a key U.S. ally

that sits at a strategic crossroads between neighbouring Syria, Iraq, the Palestinian territories, Israel and Saudi Arabia, has so far weathered 22 months of street protests calling for a wider public say in politics.

But this week's announcement that Jordanian authorities had thwarted an al-Qaida plan to attack shopping malls and Western diplomatic missions in the country has raised fears that extremists could take advantage of growing calls for change to foment violence.

The king also has been working overtime to fend off a host of domestic challenges, including a Muslim Brotherhood boycott of parliamentary elections, increasing opposition from his traditional Bedouin allies and an inability to keep the Syrian civil war from spilling over the border.



Abdullah has largely maintained control, partly by relinquishing some of his powers to parliament and amending the country's 60-year-old constitution. His Western-trained security forces have been able to keep protests from getting out of hand. And most in the opposition remain loyal to the king, pressing for reforms but not his removal.

The stakes are high: Abdullah is a close friend of the United States and has been at the forefront in its war on terrorism, including in Afghanistan. Jordan serves as a buffer zone to Saudi Arabia and to Israel, a friend under a peace treaty signed in 1994.

THE ASSOCIATED PRESS







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Again! Comments on rape trip up one more Republican

Women shocked.

A victim's pregnancy is 'something God intended,' says Indiana candidate

Another Republican running for the U.S. Senate has sparked outrage with comments about rape.

Richard Mourdock told a live television audience that when a woman becomes pregnant during a rape, it's "something God intended."

Mourdock, an Indiana Senate candidate, was asked during a debate Tuesday whether abortion should be allowed in cases of rape or incest.

"I struggled with it myself for a long time but I came to realize that life is that gift from God," Mourdock said.

"And, I think, even when life begins in that horrible situation of rape, that it is



omments on rape have angered

something that God intended to happen.

Mourdock explained after the debate that he did not believe God intended rape but that God is the only one who can create life.

"Are you trying to suggest somehow that God preordained rape? No, I don't think that," Mourdock said.

from 3475

"Anyone who would suggest that is just sick and twisted. No, that's not even close

to what I said. Mourdock has consistently opposed abortion, with the exception of cases where the mother's life is in danger.

Mourdock on Wednesday stood by his statement.

Women voters are key to this year's presidential race, and Republican challenger Mitt Romney has been drawn into this latest issue.

Romney campaign spokes-person Andrea Saul said Romney disagrees with Mourdock's opposition to abortion in cases of rape and incest, but she said Romney still supports Mourdock's Senate bid.

In August, Missouri Senate candidate Todd Akin caused an uproar when he said women's bodies have ways of preventing pregnancy in cases of what he called "legitimate rape.'

THE ASSOCIATED PRESS

Mystery. Is human head linked to body in ditch?



A human head was found Wednesday in an Edmonton

Police are trying to find out if it belongs to a body found in a rural area east of the city on the weekend.

A source said a woman discovered the head.

Jesse Whitnack, a 30-year-old computer tech who lives in an apartment at the end of the alley, watched police from his balcony and zoomed in with his camera.

He said the head was on the ground. He could see hair, but he couldn't tell if it belonged to a man or a woman. Police took the head away

in a brown paper bag, Whitnack said.

RCMP are working with city police to determine whether the head is linked to remains found in a ditch near Ranfurly, about 120 kilometres east of Edmonton.

The Mounties have said little about that case, other than that a body was found on Saturday evening. An autopsy was performed Monday.

Local media have quoted area residents who said they had heard that the body had been decapitated and was found lying in a ditch next to a running pickup truck. THE CANADIAN PRESS

Pessimism in Syria

UN backs it, but weekend truce plan appears doomed to fail

The United Nations Security Council gave unanimous backing Wednesday to a four-day truce proposed by the international mediator

for Syria. Lakhdar Brahimi, the UN-Arab League envoy, told the council the Syrian regime and some rebel groups promised to lay down their arms during the Muslim holiday of Eid al-Adha, which begins Friday.

But President Bashar Assad's regime denied Wednesday it had committed to the plan. THE ASSOCIATED PRESS





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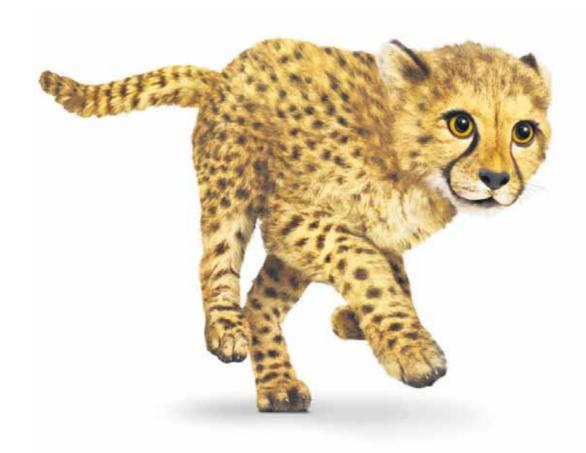


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Sydney Mayflower Mall metre 12 NEWS metronews.ca Thursday, October 25, 2012

South Carolina

A public amnesty with a bang

Sheriffs in five South Carolina counties are offering people a chance to turn in explosives, no questions asked.

Officials have set aside this week as Explosives Amnesty Week. People can call to have

People can call to have any explosives, ammunition, weapons, bomb materials or military ord-nance removed from their property. Certified bomb technicians will respond to remove and destroy the hazardous materials.

THE ASSOCIATED PRESS

Macedonia travel

Coin smuggler sentenced

An American who was caught trying to leave Macedonia with more than 200 ancient coins has been convicted and given a two-year suspended sentence.

In Wednesday's ruling, the court also banned 45-year-old Candace Lynn Dunlap, a nurse from Meridian, Alabama, from returning to Macedonia for 10 years. THE ASSOCIATED PRESS

Ukraine. Secrecy of president's home stokes pre-election controversy

When Ukraine's president opened up his home to TV cameras, he presented a cosy place with a small office. But his critics point to strong evidence he actually lives in a luxurious, marble-columned with a golf course, helipad and ostrich enclosure.

The reported grandeur is becoming a campaign issue in a country quickly getting fed up with widespread corruption. Critics have painted Viktor Yanukovych's as a leader who basks in splendor while his main political opponent, former prime minister Yulia Tymoshenko, is locked up in prison on charges the West has called politically motivated.

Quote

"Victor Yanukovych's main goal is not to be president but the No. 1 oligarch in Ukraine."

Political commentator Vitaly Portnikov responding to news of the Ukrainian president's lavish estate

Yanukovych has refused to answer questions about the house or the vast park where it sits but an opposition activist recently broke into the property and took several photographs of an opulent palace guarded by heavy security.

THE ASSOCIATED PRESS

Winnipeg. Police chief won't retract comments

Winnipeg's new police chief is standing by his comments on religion after telling a Christian magazine that prayer could reduce crime in the Manitoba capital.

The article led to complaints that Clunis was

mixing religion and public office. Clunis explained at a media briefing on Wednesday that he was speaking to a Christian publication and targeting his message to that audience.

THE CANADIAN PRESS

Trump pitches \$5M proposal to Obama



Real-estate mogul Donald Trump offered on Wednesday to contribute \$5 million to a charity of Barack Obama's choice if the president releases his college and passport records. SLAVEN VLASIC/GETTY IMAGES/FILE

Election overture.

Real-estate magnate challenges president to divulge passport and college records

Donald Trump has a deal for President Barack Obama — if he releases his college and passport records, the real-estate mogul will contribute \$5 million to a charity of Obama's choice.

Trump made the announcement Wednesday in a video posted to his Twitter account. He called Obama "the least transparent president in the history of this country."

Trump has endorsed Republican Mitt Romney in the presidential race. Trump drew broad publicity last year for questioning whether Obama was born in the U.S. and eligible to be president, forcing Obama to release his long-form birth certificate.

In the video, Trump said he was proud to have pushed Obama to release the birth certificate or "whatever it may be." THE ASSOCIATED PRESS



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When good defeats evil

Civic workers prepare to immerse an idol of Hindu goddess Durga brought by devotees into the Brahmaputra River Wednesday in Gauhati, India. The immersion of idols marks the end of the five-day festival that commemorates the slaying of a demon king by lionriding, 10-armed goddess Durga, marking the triumph of good over evil. ANUMAN NATH/THE ASSOCIATED PRESS

Vancouver. Schlockers' tattoo stunt gets loopy

Nothing says family bonding more than letting your brother give you a tattoo while riding a wooden roller-coaster.

Modern-day daredevils Burnaby Q. Orbax and Sweet Pepper Klopek, of the touring freak show Monsters of Schlock, did just that Wednesday on one of B.C.'s most iconic landmarks

"Having never tattooed anybody and having access to the oldest running wooden roller-coaster in Canada, we decided (Wednesday) would be the best day to achieve that dream," Orbax said before the stunt at Playland at the PNE.

Orbax held the tattoo machine, while the ink cap was duct-taped to Klopek's hands.

After the second round in the coaster, the brothers high-fived and hugged. The end result: a smiley face with a really long tongue.

"He did a good job. I'm proud of him," Sweet Pepper Klopek said of his new tattoo on his upper right knee. "Who thought you could do that, eh?"

The five-time Guinness World Record breakers are sure they can top this stunt next year.

PHYLICIA TORREVILLAS/ METRO IN VANCOUVER



metromes.ca Thursday.October 25, 2012

Spy case. Security at naval facility is 'Swiss cheese,' says lawyer

The lawyer for a Canadian naval officer who confessed to selling military secrets to the Russians says he was stunned his client wasn't caught sooner by domestic intelligence officials who failed for years to pick up on his illicit behaviour.

pick up on his illicit behaviour. Mike Taylor finds it baffling that Sub-Lt. Jeffrey Paul Delisle used such crude methods — floppy discs and thumb drives — to smuggle sensitive data from his secure office in Halifax to his home and then on to Russian agents via an online email provider.

The way the 41-year-old spy was paid by the Russians should also have been picked up by Delisle's superiors at

Malnutrition

No jail for nurses who let U.S. teen drop to 28 lbs.

Two U.S. nurses have been sentenced to probation in the malnutrition death of a 14-year-old girl who had cerebral palsy and weighed

Quote

"Anyone who thinks that Mr. Delisle is the only one being pursued for this kind of thing is naive."

Mike Taylor, lawyer

HMCS Trinity, the Defence facility where he worked as a threat assessment analyst since 2010, said Taylor.

"I just thought, 'How in the name of God did anyone miss all of this?' Well, the answer may be in the fact that security is just ridiculous. It's Swiss cheese," he said. THE CANDIAN PRESS

28 pounds when she died. Mary Kilby and Kathryn Williams were sentenced in Ohio on Wednesday and will have to surrender their

nursing licenses.

The two women had pleaded no contest to failing to provide for a functionally impaired child and had faced up to a year and a half in prison. THE ASSOCIATED PRESS

Judge refuses to delay inquest into teen's death

Ashley Smith.

Government accused of trying to put a lid on disturbing jailhouse videos that document abuse of troubled teen

An inquest into the prison death of a deeply troubled teenager will be able to proceed after a judge on Wednesday rejected the federal government's last-ditch request for an emergency stay.

The decision came amid assertions prison authorities were simply trying to cover up the horrific treatment meted out to Ashley Smith that was captured on video.

In a ruling that took about an hour to decide, Divisional Court Justice Joan Lax dismissed the stay motion.

Correctional Service Canada asked for the emergency halt to the much-delayed inquest to give it time to get the courts to review a ruling by the presiding coroner that the videos should be public.

Video

In arguing the stay, Correctional Services said the videos have not yet been put into evidence and so should stay out of the public eye until such time as that happens to avoid any tainting of the jury pool.

The videos at issue show, among other things, guards duct-taping Smith to an airplane seat and forcibly injecting her with "chemical restraints" against her will.

Lawyer Julian Falconer, who speaks for Smith's family, accused the government of trying to put a lid on videos that document some of the abuse she suffered.

of the abuse she suffered.
"I insist on Correctional
Services being called an abuser," Falconer told Lax.

"This case is really about Correctional Service Canada taking all conceivable steps so that certain videos don't make it to the public record." he said.

THE CANADIAN PRESS





A funny thing happens when you tell kids they matter. They believe you.

An alarming 40,000 kids drop out of high school every year. Boys and Girls Clubs of Canada are committed to changing that. They provide a safe and supportive place where kids can develop confidence and life skills. They offer programs like *Rogers Raising the Grade*™ to help kids with their studies. The Club is a place where kids can drop in, so they're less likely to drop out.

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Party in flux: Can the Liberal centre hold?

The days are numbered for most Liberal party leaders in Canada, with leadership elections looming across the country. At this time of change, Metro asked: Are Liberal parties dying or renewing? Who is going to determine their



Stephen Taylor, National Citizens Coalition, Conservative

"I don't know if I want to be the one to predict the death of an institution that's had electoral success in 80 of the past 100 years, but I will say we are seeing a federal Liberal party and six provincial Liberal parties that are going through electing a leader right now. That doesn't happen, gener-

ally, with successful parties.
"There's an interesting thesis by (NDP strategist) Jamey Heath. He said that in Western democracies these centrist parties who don't really stand for bold issues, either on the left or the right, and just occupy the centre and rule as administrators, have given way to parties on the left and on the right.

"Canadians and citizens worldwide are more connected to the daily grind and the daily debate of what's happening in their respective legislatures, via 24-hour news, via social media, through the Internet.... It's a market that emphasizes and enables the politicians that are actually selling ideas, rather than just administration, just keeping the lights on.'

Sheila Copps, former deputy prime minister, Liberal

"I find the spate of stories recently about the death of the Liberal party ironic, because when the Conservative party was reduced to two members that they were in the graveyard. So there's cyclical



at the moment the Liberals are on the upswing.

"I think that their political enemies would like to see them die. The (federal) Liberals in the last election were reduced to third-party status and Stephen Harper uses every opportunity to go after the Liberals because he sees them as a long-term enemy."

lan Capstick, NDP strategist, owner of Media Style

"Overall, Liberals have a grave problem in their own inability to define them s e l v e s

coast to coast to coast. I don't think it's going to happen from the provinces up. Fundamentally, over the course of Liberal history, it has always been the federal Liberal leader who has very much been the face, the brand and the ideological force behind the party.

"(Liberals) have political parties who are down a few leaders. I don't think we've got rats jumping from a sinking ship. We're seeing that natural ebb and flow of politics."

Marc Garneau, Liberal MP "Support for Liberal values such as free speech, tolerance, dence-based

tice and fiscal responsibility remains strong. As long as that is the case, Liberal parties will remain relevant."

policymaking and a balanced

approach between social jus-

Martha Hall-Findlay, former Liberal MP

"This is exactly how political parties renew themselves and grow. The leadership contest will encourage Liberals to come to grips with what the federal Liberal party really stands for, and why, and how to ensure that its message resonates with voters. And not everyone will agree, so expect some vigorous debate that's what real renewal depends on."

Elizabeth May, Green

party leader
"I never thought

party

w a s anvnear dead. I think it would be absurd, given the weight of Canadian history and the engagement of the Liberal party and Liberal-party adherents across Canada.

"It's naive to think that somehow the results of the 2011 election represent any kind of new equilibrium in Canadian politics. It has been in flux and has remained in flux — meaning there is room in Canadian politics for the Green party to grow and the parties that were hurt in 2011 to rebuild."

Peter Sherman, finance critic,

Ontario PCs
"The way Liberals operate
is usually about demonstrating what they want the public to perceive as their own largesse in creating projects handing out money, picking winner companies and stimulating them, as opposed to sectors (of the economy) - and saying, 'Look how much we've invested.' It's taxpayer dollars, and I think people are onto them. Liberal parties operating more for their own benefit rather than for the benefit of the people seem to be falling

Answers were edited for clarity and



metr⊕ NEWS

SPEAKING IN SEVERAL TONGUES

2011 census reveals more Canadians are speaking at least two languages at home compared to 2006 census; Punjabi and Tagalog are surging, while French and aboriginal languages are on the decline

Bilingualism is surging in Canada, but not necessarily in the country's two official languages.

Statistics Canada released the last batch of data from the 2011 census on Wednes-day, this time focusing on about 200 languages that make up the linguistic portrait of the country.

The data suggest that multiculturalism is not simply an abstract concept to describe a motley collection of diverse communities.

Rather, it is a reality for a growing number of families, even within the confines of

their own homes. The census shows that 17.5 per cent of the populaor 5.8 million individuals — speaks at least two languages at home. That's up from the 14.2 per cent of multilingual households multilingual households counted in the 2006 census, and an increase of 1.3 million people.

Of those 5.8 million, most of them speak English plus an immigrant language such as Punjabi or Mandarin. Less than a quarter — 1,387,190, to be precise — are using both French and English at home.

And aboriginal languages are in outright decline, with usage shrinking 1.7 per cent since 2006 — a loss of 3,620 people despite a concerted effort by many First Nations to revive their culture and language.

Yes, we see a diversity, but what we see clearly is ... we have all these transition phases where English and French are also spoken at home in addition to nonofficial languages," said Jean-



nt to speak in English, French and Serbian. NATHAN DENETTE/THE CANADIAN PRESS

Pierre Corbeil, the agency's lead analyst on the languages part of the census.

"This doesn't happen only outside Quebec but in Quebec as well.'

Corbeil warned, however, that the data likely underestimate the increase in diversity over the past few years. That's because Statistics Canada had to change

the way it collects language data after Prime Minister Stephen Harper scrapped the long-form census in 2010.

Wednesday's information came from the mandatory short form that went to every household in Canada. In the past, language was in the long form that went to 20 per cent of households, and was framed in a different context.

The 2011 census numbers suggest that language diversity has been increasing at just half the rate as noted in the 2006 census, but data from Citizenship and Immigration Canada suggest the pace of change is at least the same, Corbeil said.

The census shows that the most common immigrant language in Canada was Pun-

jabi. When Punjabi speakers are grouped together with others who speak a closely related language such as Urdu, their numbers total 1,180,000.

Tagalog, the language of Filipinos, saw the biggest surge, growing by 64 per cent since the last census was taken in 2006.

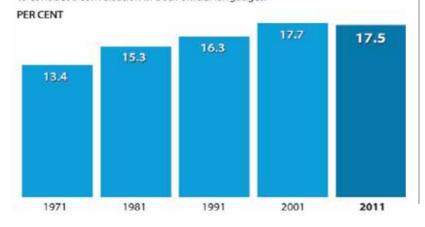
THE CANADIAN PRESS

Selected highlights from Wednesday's Statistics Canada release of 2011 census data, focused on language:

- One in five Canadians some 6.6 million people
 — reported speaking a language other than English or French at home; 191 distinct languages were among those identified as either a mother tongue or a home language.
- Nearly 10 million people said they could conduct a conversation in French, up from 9.6 million five years earlier; however, as a proportion of the population, those able to speak French slipped to 30.1 per cent, down from 30.7 per cent in 2006.
- The number of people who spoke Mandarin at home grew by almost 51 per cent from 2006 to 2011. Arabic grew by 47 per cent; Hindi by 44 per cent; the Creole languages by 42 per cent.
- In Toronto, Canada's most populous city, 1.8 million people — about 32.2 per cent of the population - reported speaking an immigrant language at
- 5.8 million people, about 17.5 per cent of the population, reported speaking at least two languages at home, up from 14.2 per cent in 2006.

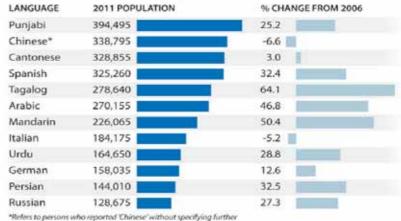
BILINGUALISM RATES

A look at the proportion of Canadians who reported being able to conduct a conversation in both official languages:



TOP IMMIGRANT LANGUAGES

A look at the top non-official languages spoken most often at home:

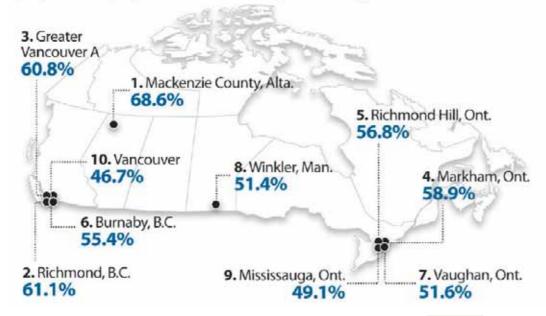


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NEWS 17

A DIVERSITY OF LANGUAGES

A look at the communities (population 10,000 or more) with the highest proportion of people whose mother tongue is not English or French:





Multiculturalism on display in language-sharing groups

Not even the relentless throb of a hip-hop beat can drown out the sounds of a typical Tuesday night upstairs at Toronto's Rivoli nightclub.

The top floor of the bustling bar echoes each week with the staccato clack of German consonants, the melodic lilt of Japanese vowels and persistent peals of laughter as more than a hundred aspiring language students struggle to master their new tongues.

The students — from all walks of life and ranging in age from early 20s to late 70s — are members of Toronto Babel, an informal language exchange program that has been giving the city's international community a chance

to speak in new and native tongues alike for the past three years.

The din of different languages is loudest in Toronto, where 1.8 million people reported speaking an immigrant language at home, according to fresh 2011 census numbers released Wednesday. Vancouver ranked a distant second with 711,515 people reporting an at-home preference for a language other than English or French, Statistics Canada reported.

Cantonese and Punjabi ranked highest on the list of languages in Toronto, along with other Chinese languages, Urdu, Tamil and Tagalog, which originates in the Philippines.

Eduardo Costa, 39, was recruited in the group's earliest days after advertising online to find an English conversation partner. The initial group of a dozen people quickly began to grow, and Costa found the people he met there began to fill the void left by the friends and relatives he left behind in his home country of Brazil.

"When you immigrate, you lose your family, your friends are still there," he says. "This group became my first new family in Canada."

Smaller Babel groups have sprung up in Ottawa and Kitchener, Ont., Babel co-leader Anna Shalaginova said.

THE CANADIAN PRESS



Immersion still sought after

Immersion options in Canada's second official language are broader than ever.

The original programs have been expanded to accommodate a wider range of students, while a new program specifically for kids of francophone families is now in high demand.

The idea has broad national appeal, according to figures from advocacy group Canadian Parents for French, which says more than 30 per cent of students in every province outside of Quebec were enrolled in some form of French-as-a-second-language program in the 2010-11 school year. THE CANADIAN PRESS



1 up/down. More Canadians speaking French

A sign on the wall of Stephane Wild's restaurant in Winnipeg on Oct. 5. Nearly 10 million people reported being able to speak French in 2011, up slightly from 2006 but down as a proportion of the Canadian population.

Prading out. Just a few native languages still going strong

A stop sign in Mohawk is seen on the Tyendinaga First Nation reserve east of Belleville, Ont., on Oct. 11. Of the more than 60 registered First Nation languages, only a relative handful — such as Cree, Ojibway, Oji-Cree and Dene — remain strong and viable. COLIN PERKEL/THE CANADIAN PRESS

3 Climbing in numbers. Tagalog-speaking population growing

Nearly 279,000 people reported speaking Philippine-based Tagalog most often at home, compared with 170,000 in 2006, an increase of 64 per cent — the largest increase of all the reported languages. JEFF HODSON/METRO IN VANCOUVER

IMMIGRANT LANGUAGES BY CITY

The top non-official languages in Canada's largest metropolitan areas:

TORONTO	96	MONTREAL	96	VANCOUVER	96
Cantonese	8.8	Arabic 17.2		Punjabi 17.7	
Punjabi	8.0	Spanish 15.2		Cantonese 16.0	
Chinese*	7.0	Italian 8.1		Chinese® 12.2	
Urdu	5.9	Chinese* 5.7		Mandarin 11.8	
Tamil	5.7	Creole 5.4		Tagalog 6.7	
CALGARY	96	EDMONTON %		OTTAWA-GATINEAU	96
Punjabi	12.1	Tagalog 11.8		Arabic 20.4	
Tagalog	10.4	Punjabi 10.9		Spanish 8:1	
Chinese*	9.2	Chinese* 8.9		Chinese® 7.5	
Spanish	7.9	Cantonese 6.8		Mandarin 4/4	

*Refers to persons who reported 'Chinese' without specifying further

metr⊕ **BUSINESS**

Market Minute



Natural gas: \$3.45 US (-8.5¢) Dow Jones: 13.077.34 (-25.19)



\$85.73 US (-\$0.94)

GOLD \$1,701.60 US (-\$7.80)

Ottawa cracks down on prepaid plastic

Canyon cam. Google's backpack-sized Trekker takes pics of iconic spots

Google and its street-view cameras already have taken users to narrow cobblestone allevs in Spain using a tricycle, inside the Smithsonian with a push cart and to B.C.'s snow-covered slopes by snowmobile.

The search giant now has brought its all-seeing eves mounted for the first time on a backpack - down into the Grand Canyon, showcasing the attraction's most popular hiking trails on the South Rim and other walkways.

It's the latest evolution in mapping technology for the company

"Âny of these sort of iconic, cultural, historical locations that are not accessible by road is where we want to go," said



ized camera called the Trekker on day along the Grand Canyon's

Ryan Falor, product manager at Google. THE ASSOCIATED PRESS



New regulations.

Card issuers will have to be transparent about fees and conditions

Ottawa is stepping in with new rules for the largely unregulated prepaid-credit-card

Finance Minister Flaherty announced Wednesday that in the future, issuers of prepaid cards will not be able to impose expiry dates and must be upfront about hidden fees and conditions.

The move is part of the government's expanding code of conduct measures to govern credit and debit transactions, that had previously not applied to the relatively new prepaid market.

"We have done a lot of

regulation with respect to debit and credit cards. We haven't done much with respect to prepaid cards," Flaherty said.

While still a small segment of the market, prepaid plas-

"In our view, it was inappropriate for financial institutions to have cards go dormant."

Finance Minister Jim Flaherty

tic has become an option for consumers without conventional credit or debit cards, young adults, and for parents who want to introduce their children to using credit while limiting the risk of theft and over-spending. But the sector has also faced criticism for exorbitant hidden fees that reduced their face value and fooled customers.

"In our view, it was in-appropriate for financial institutions to have cards go dormant. For example, people would get cards as gifts for their birthdays or whatever, not realize that the \$200 on the card would expire over a certain period of time," Flaherty said.

THE CANADIAN PRESS

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Paris court upholds controversial decision against former trader

Societe Generale.

Jerome Kerviel plans to appeal ruling that requires him to repay a whopping \$6.3 billion

The Paris appeals court on Wednesday ordered former Societe Generale trader Jerome Kerviel to spend three years in prison and pay back 4.9 billion euros (about \$6.3 billion) in damages for one of the biggest trading frauds in history.

The 35-year-old Kerviel, who never profited personally from his unauthorized trades, says he was a scapegoat for the bank and a victim of a financial system that runs on greed and

He will appeal his case to the highest court. "I will continue to fight," he said in an interview with RTL radio. "I think the judgment is protecting Societe Generale."

He called on those in the banking industry, notably Societe Generale employees, to step forward and speak up about how the bank's managers knew about the trades.

Kerviel said he had thought the court might acquit him. "What happened today is a call for me to put a bullet in my head," he said, adding that he does "absolutely not" envision suicide. His lawyer, David Koubbi, called the verdict "ab-

solutely lamentable."
A lower court convicted Kerviel in October 2010 of forgery, breach of trust and unauthorized computer use for covering up bets worth nearly 50 billion euros — more than the market value of the entire bank - in 2007 and 2008. By



the time his trades were discovered in early 2008, when banks were sliding into a global crisis, he had amassed losses

those bets.

The sentence — a five-year prison term, with two years suspended, plus the payback of all the losses he incurred shocked many in the French public. After a global financial crisis that many blamed on big banks, many believed Kerviel's claim that he was a victim of an unjust system.

of almost five billion euros on

The appeals court Wednesday upheld the full conviction and sentence. It did not send Kerviel directly to prison, leaving him free pending his decision on whether to appeal to

"I will continue to fight. I think the judgement is protecting Societe Generale."

Former trader Jerome Kerviel, in an interview with RTL radio

the Court of Cassation.

Kerviel had sought an acquittal, saying the bank had turned a blind eye to his exorbitant trades as long as they made money. Prosecutors and the bank say that isn't true. Societe Generale lawyer Jean Veil said the verdict was "a great satisfac-TIOD." THE ASSOCIATED PRESS

Transborder routes

Competition

Canada's competition watchdog says it has protected consumers from fare increases and reduced choice on 14 transborder routes by reaching an agreement with Air Canada and

Bureau, Air Canada reach agreement

its U.S. partner.
The deal will allow the

airlines to co-operate on other routes where they don't hold a near monopoly. Under the agreement, Air Canada and United Continental are prohibited from co-ordinating prices and schedules on 14 routes connecting several large Canadian and U.S. cities THE CANADIAN PRESS





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Oil-patch deals

Public opinion affects foreigntakeover decisions, minister says

Canada is a democracy and public opinion plays a role in the Conservative government's decisions on foreign takeovers, Natural Resour-ces Minister Joe Oliver said Wednesday.

Public sentiment is not a criteria listed in the Canada Investment Act but the Harper government appears to be wrestling with voter opinion as it applies the "net benefit" test to foreign takeover bids especially by state-owned enterprises.

Oliver was asked directly if public opinion is

one of the criteria for determining net benefit. "This is a democracy and the gov-ernment takes into account the opinions of Canadians, Oliver responded. "Beyond

that I have no comment." Prime Minister Stephen Harper has said clearer new rules will be drafted in the wake of his government's weekend decision to reject a proposed takeover of Alberta's Progress Energy by Malaysian state-owned oiland-gas company Petronas.

A \$15.1-billion bid by China's National Offshore Oil Corp., for Nexen Inc., is the next decision looming for the Conservative government.

A new survey Wednesday suggested the CNOOC takeover may be running into head winds in Alberta. THE CANADIAN PRESS

metr⊕ **VOICES**

KEEPING UP WITH BLOODSUCKING **VERMIN**



Don't be alarmed, but this column may be covered in bedbugs.

I'm not entirely sure if bedbugs have infiltrated my apartment, but I was bitten by

SOMETHING recently, so like all chewed-on city dwellers I've been panicked that it could be the little bloodsuckers.

That means if you've touched this column, you should freeze it, steam it, fumigate it, poison it, microwave it, holywater it and simmer it in a white-wine sauce for 40 minutes, stirring occasionally. Even then, that will only stun the little bug(ger)s, because they're the insect equivalent of the Incred-

Once nearly eradicated, bedbugs have made a comeback worthy of a B-list actor in a Tarantino flick.

And they're everywhere.

Online bedbug registries for pre-screening apartments and hotels are useless, because all you learn is that bedbugs are omnipresent — like the body snatchers — and there's nothing us foolish humans can do about it. (Pro tip: If a bedbug rates a location as eight out of 10 or higher and is raving about the buffet, steer clear.)

Bedbugs are filling their ick quotient so well that I looked at the welts on my arm and hoped they were from something pleasant, like a spider. If an exterminator looked at my skin and said, "Actually, that's from a wolf" I'd say, "Oh, thank goodness. Do we spray for that?"

There is hope, however. I've been reading up on bedbugs, as one does when you swear you can feel them on your skin at every waking moment. They can be fought, but you need to know your enemy, so here are some myths about the creatures and the reality behind them. Happy hunting!

Myth #1: Bedbugs are invisible.

Reality: Bedbugs are seldom seen because they only come out at night. They are actually several feet long and live in your closet. Telltale signs include a viscous trail of

slime and opened canisters of Pringles.

- Myth #2: Bedbugs are a sign of uncleanliness. Reality: Bedbugs can live anywhere from the poorest, most squalid apartment to the cleanest hairpiece on the richest Trump. Bedbugs are attracted not to dirt but to sin, which is why they live in your bed. They will migrate to the living room immediately if you turn on the Kardashians.
- Myth #3: Bedbug bites come in threes. Reality: Bedbugs know you know this, so they sometimes throw in a fourth bite and scurry off, giggling.
- Myth #4: You need an exterminator to get rid of bed-

Reality: All you need for a successful bedbug kill is a shoe. Beat until you see telltale black and blue markings. They'll still be alive at that point, but they'll know who's boss. A Nike shoe will doubly impress them with your alpha-ness, especially later that night when they're nibbling on your earlobe.

And now you know. Sleep tight!

rney signals which jar co arney to tell you that you've got bedbugs — grab a shoe and start sw

Psy, this is UN Style



South Korea connection

UN boss horses around with Psy

UN Secretary General Ban Ki-moon got some dance lessons from compatriot South Korean pop sensation Psy.

On a visit to the United Nations in New York Wednesday, the rapper, born Park Jae-sang, attempted to teach the world's top diplomat the invisible horse trot dance from his global viral hit Gangnam Style. METRO

UN chief's viewpoint



iealous. Until two days ago n someone

"I'm a bit

told me I am the most famous Korean in the world. Now I have to relinquish. I have no regrets."

UN Secretary General Ban Ki-moon

Singer's viewpoint



"To be here and he knows me, even the fact that he

knows me is so touching right now, and he's saying he saw my video, he counted my video views."

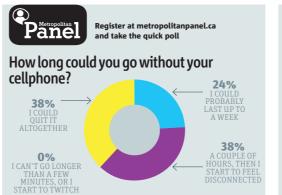
South Korean rapper Psy on meeting the head of the UN

Gangnam engages

Why Ban wanted to meet Psy

Ban's spokesperson Martin Nesirky told reporters that while the secretary general deals with issues such as Syria, he also considers it important to engage different parts of society.

"He firmly believes music has great power, particularly in helping to overcome intolerance," he said. "It helps to reach out to audiences in a way that many other forms of culture cannot do." METRO



@douggillis:

At work today I heard someone say that Fred Savage is the new mayor of Halifax. The uninformed are my best source of entertainment.

@keeganbulger:

Anyone have a few crazy carpets I could have for a non-profit day care centre craft project? #Halifax

@jenniFAIRE13:

New wheelie and spinning chairs

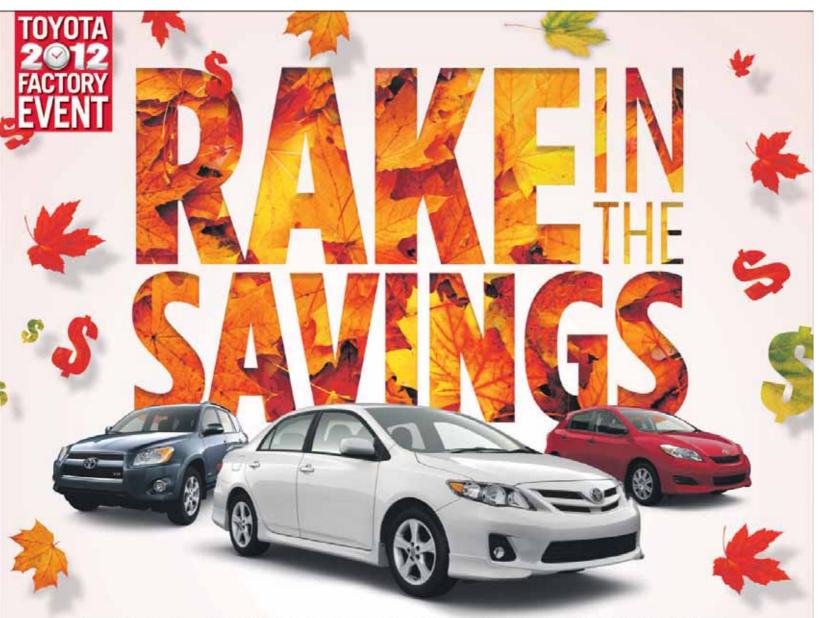
in my class at @MSVU_Halifax! Kind of excited

@Kenzie_Jones_:

The amount of people in Halifax with hair the colour of skittles is disturbing. #PurpleHeadAnyone? #GreenMaybe?

@EyeLevelGallery:

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metronews.ca Thursday, October 25, 2012 **SCENE**



Tireless Grant welcomes you to the Beautiful Wild

Halifax native. Aside from her art career, the multi-talented singer and songwriter is back with a fifth album



BACKSTAGE

Singer, songwriter, and painter - the creative force is strong with Halifax's Jenn Grant.

With divine focus and a previous four albums behind ĥer, Grant's newly released The Beautiful Wild unleashes the pool of raw inspiration the singer has dipped her toe into throughout her musical

"I've intertwined personal parts of my life with my imagination I guess," Grant tells me. "I think that now,

with the new record, I just was feeling very into a creative energy and just went with it.'

Grant cast the traditional method of creating music aside in favour of a more organic method.

"There is the traditional and writing with a guitar and writing with chords and lyrics all at once," she says. "When I got to the recording process I threw it all away and created everything a new. The new style

was really inspiring and allowed things to come together really quickly."

Though Grant is accustomed to working under pressure, embracing this musical experiment allows her to reach a new artistic level from which to further expand. Continually pushing the process alleviates the common fear of the creative: Stagnancy.

From her experience in the business, the 32-yearold is aware of the importance placed on self-motivation in her craft.

"It's important to stay in tune with what you need and what I need is to challenge myself musically and I didn't want to get stuck in a pattern," she says. "I need to stretch myself out a bit and see if I can get

better. You want to make better art every time."

"Success is always something that you need to chase but also realize that you have success already.'



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Moviegoers are in for some ear candy with the premiere of The Hobbit

New sound technology. Dolby's fresh system will make Peter Jackson's next film a sight to be heard

Middle-earth will sound more realistic in The Hobbit.

Dolby Laboratories Inc. and director Peter Jackson's Park Road Post Production anounced Wednesday that The Hobbit: An Unexpected Journey will be mixed and released in Dolby Atmos, the company's immersive new sound system that features two extra arrays of overhead speakers and the ability to direct sounds to individual speakers inside movie theatres.

"(Jackson) felt it was going to make a big difference in how he tells stories," said Stuart Bowling, Dolby's senior technical marketing manager. "He doesn't want people to just go and observe his movies. He wants you to feel like you're



part of the experience of the stories that's he's trying to tell on the screen and allow you to be part of Middle-earth."

The director of the Oscarwinning The Lord of the Rings films adapted J.R.R. Tolkien's tale of Bilbo Baggins, set in the fictional realm of Middle-earth 60 years before The Lord of the Rings. Besides the standard 2D format, Warner Bros. Pictures and Metro-Goldwyn-Mayer Pictures are releasing the series in high-frame-rate 3D, IMAX and other 3D formats.

Bowling said Dolby's goal

ExonMobil

is to have the Atmos platform installed in 80 to 100 theatres in time for The Hobbit: An Unexpected Journey, which is scheduled to premiere on Dec. The second and third films, The Hobbit: The Desolation of Smaug and The Hobbit: There and Back Again, are set for release Dec. 13, 2013, and July 18, 2014.

Other movies slated to be released in the Atmos format include Fox's Chasing Mavericks and Life of Pi. Disney-Pixar's Brave was the first film to debut with the audio format earlier this year.

Bowling said the company expects more than 15 films to be released in Atmos next year and hoped to have the system in 1,000 theatres by the end of next year.

"Dolby Atmos is fantastic from a sound quality position," said John Neill, head of sound at Park Road Post Production. "We can now hear full range surround speakers, meaning that when we pan from the front to surround, the sound does not change in quality. The overhead speakers give us the opportunity to place the theatre patron really in the location."

THE ASSOCIATED PRESS

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Butler has respect for the folks who hang 10

Chasing Mavericks.

Actor tried riding some of the most dangerous waves in the U.S. to get into character for film about surfing

JOEL

World News in Hollywood

Gerard Butler had only the most basic appreciation for surfing before he set to work on Chasing Mavericks that's putting it mildly.

"I had surfed about three or four times in my life," Butler admits.

The Scottish actor knew he'd have to amp up his game if he wanted to properly capture the essence of surfing great Frosty Hesson, who taught teenager Jay Moriarity (played by newcomer Jonny

Weston in the film) to ride mavericks, which are considered the most dangerous waves in the country.

Not one to shy away from a challenge, Butler dove right in - and paid for it with an epic wipeout.

"Jonny Weston and I both surfed mavericks. It was where I was taken down," Butler says with a coy smile.

With the experience of getting pulled under a wall of water, his admiration for

what these athletes do only intensified.

"It taught me a lesson. It's not a pleasant experience,"

Even though that moment sent him to the hospital, Butler marvelled at the sport's ability to foster a Zen-like feeling in the surfers as they ride these incredibly dangerous monsters of water.

"It's incredibly medita-tive and spiritual," Butler ex-

ence really transformative.
"When you get up on that wave and become one with it. you just become one with na-

The second challenge facing the actor was portraying a real-life individual, and Butler wanted to do Hesson justice as a complex person.

"He's a very philosophical character and he's well-read.

"So I wanted to play that guy who enjoys that, but at the same time, he harbours a lot of pain," Butler says.

"There's the person you

experience, but he also now knows the stories being told about him."

It was an effort that mirrored his last film, Machine Gun Preacher, also about a real, larger-than-life personal-"I experienced the same with Sam Childers," Butler

"They become used to telling their story to people who are interested in telling their story, rather than the person who was living the story.'

Now that Butler has the experience under his belt, he looks back fondly on the moment he knew that Chasing Mavericks would be his next film — which happened to coincide with a completely different kind of lesson, which found him not in the water, but in the sky.

"I was learning to fly a helicopter along the coast. I saw all the guys on surfboards.

"I was like, 'What am I thinking? I need to get a place in Malibu and I need to take this movie and learn how to surf!" Butler

touched down and called them and said, 'Let's







metronews.ca Thursday, October 25, 2012

Hanks and Berry had their heads in the clouds with epic film

Rare opportunity.

Both actors relished the chance to play multiple and very different characters in Wachowski imagining



EHRBAR

Actors love a challenge, right?
So the idea of playing as many as six characters across very different time periods

— from the 1800s to the postapocalyptic future — must have been exhilarating for Tom Hanks, Halle Berry and their Cloud Atlas co-stars, right?

"I thought they were all a b—, to tell you the truth. They were all tough," Hanks says with a laugh.

But in all seriousness, playing all those characters — and putting on all the makeup involved in distinguishing them was far from daunting for

"They weren't tough at all. "Honestly, it was like the most fun to stretch.

"I got to play a white Jewish woman in 1930 — like, when would I get to do that?" she

"Like, you just don't get better than having to choose from all these unique people and characters.

"I'll never get to be an Asian

man again, probably ever."

One thing Hanks definitely wasn't worried about was looking silly. That's something he stopped doing a long time ago,

anyway.

"I've had experiences on a number of occasions where we were going to shoot for something that was going to be very precarious and sometimes it works," he says.

"Like Castaway was a movie where we thought, 'We are breaking every rule here. Is anybody going to give a s—about this guy when he never talks and he's on an island and all it is (is) about falling coconuts?

"Every movie is a huge minefield that you're walking, not if it's going to be a success but if it's going to be a cohesive

story that people get.
"In this case, they just threw so deep and it was so attractive if only for that reason, that you throw your lot in. Otherwise what are you going to do? Only make movies that are guaranteed to work?

"Well, guess what, we could be sitting here talking about Forrest Gump Six, which is a lot



better than Forrest Gump Five. Who wants to do that for the rest of their lives?"

But the release of Cloud Atlas is a bit bittersweet, at least for Berry, as she worries she'll never do another film like it.

"I think in my lifetime it's going to take someone to be wildly visionary and willing take the risks," she says of the independently financed \$100 million film, directed by Lana and Andy Wachowski and Tom

Twyker.

"Not to say it can't be done, I just don't know if the lottery will put my name in another venture like this

"To be in a movie that's go-

ing to envelop these concepts, where you will need one person to play six people — I doubt that they're going to make it again in two years, because we're doing it now."

Hanks agrees with the sentiment, adding that Cloud Atlas may have spoiled the actors, who have to return to more traditional films now.

"We are all spoiled because we always said this: The next time we're in a movie, we're just going to play one person,'" Hanks says.

"He might have as many as six costume changes, but it's not going to be the same as playing all of these people."

metre

"I just don't know if the lottery will put my name in another venture like this. To be in a movie that's going to envelop these concepts, where you will need one person to play six people — I doubt that they're going to make it again in two years.

Halle Berry on the bittersweet feeling she had when she finished her work in Cloud Atlas and realized she probably wouldn't get another opportunity like this in her



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Linsday Lohan struggling with political choices

Amid all the confusion currently engulfing Lindsay Lohan's personal life, at least the world knew where the troubled actress stood politically — until now. Lohan had previously endorsed Mitt Romney in the U.S. presidential elec-tion because "employment is really important right now," according to E! News.

But while live-tweeting the last presidential debate earlier this week, Lohan voiced her support for President Barack Obama by re-tweeting a post from the president's campaign saying she was "proud of

The tweet was soon

"I'm so relieved that it's over. Maybe more than both of (the candidates.) Severe anxiety"

Lindsay Lohan Tweeting about the election debate

deleted, though, so maybe she is on Team Romney after all.

It sounds like the debates were rough on the actress, in any event.

"I'm so relieved that it's over. Maybe more than both of (the candidates). Severe anxiety.'

METRO DISH



JoeSimpson coming out of Jessica's stylish closet?



WORD

Looks like Ashlee and Jessica Simpson are going to have a lot to talk about around the Thanksgiving dinner table. First up? Their mother,

Tina Simpson, filed for divorce from their father, Joe Simpson, after 34 years

of marriage last month. "It is an amicable split and there is no third party involved," a rep for the family says. "Any other related allegations are completely false. The family appreciates your respect for their privacy at this time."

The allegations they refer to? Well, the National Enquirer is reporting that their father, Joe Simpson, has come out of the closet.

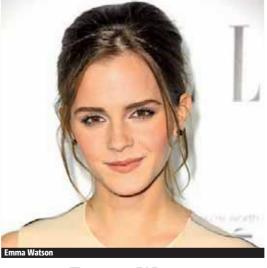
According to the tabloid, Simpson has a 20-yearold boyfriend, who was reportedly in the car with the former youth pastor and Baptist minister when he was busted for a DUI on

Aug. 4. I'll give you a second to let that sink in. Got it together? Good. The National Enquirer even has a source from the family.

"The police report stated that there was someone else in the car with Joe. Some reports have stated it was Tina, but now the belief is that it may well have been a boyfriend."

Of course, there is a

good chance this might not be true. After all, if Jessica Simpson's father were gay, don't you think her shoe line would be a little more



Emma Watson returning to school

Emma Watson is going back to school. After enrolling in Brown University in the fall of 2009, the British actress took a leave of absence from the Ivy League school in March 2011.

"I love Brown and I love studying pretty much more than anything, but recently I've had so much to juggle that being a student and fulfilling my other commitments has become a little impossible," Watson wrote

on her blog at the time. She then spent her junior year abroad, studying at Oxford University, before delaying her return to Brown once again to film a number of projects this summer and fall. But her rep assures Gossip Cop that she will be back on campus for 2013.



Mitt and Barrack are not proper names. I'd like an elderly female candidate in a crown.



@CarrieFFisher



@GarryShandling

Like to see a REAL reality talent show: the contestant goes backstage with a Hollywood producer and we never find out how they got the job.



@SarahKSilverman People in cults don't call their cults cults



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So Dajana,

like today?

what's your schedule been

Woke up at 10 a.m., rehearsal

at 1 p.m. for the Pink Tartan

show, an ap-

my hair and

pointment at 3:30 p.m. to get

eyebrows done,

hair and makeup

call at 6 p.m. and

show's at 8 p.m.

So a bit of a

crazy day for you?

No, actually (laughs). Com-

pared to the

other cities.

Toronto is very

calm and relaxing. In Paris,

from 7 a.m. onward. I had to learn the metro system,

I would be running around

all day, all night. There's no

such thing as walking! And

casting would start anywhere



In the two and a half years since we last spoke to model Dajana, the 20-yearold has achieved more than many in her profession will hope to in their entire career. Back from Europe to her hometown of Toronto to take on World Mastercard Fashion Week, the five-foot-11 beauty chats with Metro's Elizabeth Beddall about mayhem, McQueen and one major piece of swaq

WALKING THE WORI

you're always late. Running from castings to fittings to go-sees until all hours of the night.

So up until this past September, you had modelled only locally so that you

could finish high school. What are your thoughts now that you've graduated and gone international? Now that I've got the ball rolling, I'm not going to stop. Going back to school is a

future plan. I want to be a

film director. but maybe in a couple of years. I want to see where modelling is going to take me. My next trip is to New York for campaign season.

How does your family feel about all this travelling?

They've been so supportive. If it wasn't for my family I don't know where I'd be.

So on your very first go in Europe, you opened for Roland Mouret, landed an exclusive booking with Jil Sander SS13 and walked for Alexander Mc-Queen. What made you stand out from the crowds of girls



that are seen?

I don't know, but I know what the casting directors say: My sense of humour. Fifty per cent of a job is personality. If you get along with your photographer, your stylist, that job can be really fun and it can go by really quickly.

Tell us about waiting backstage to hit the runway at the McQueen show?

I think I was the only model freaking out. They have experienced girls in the shows. Very few of us were brand new.

And when it was over?

At the end of the show, I thought, 'Am I dreaming?'. That was my goal.

My first season? It was so surreal.

And I heard you got a little surprise along the way?

When I was having a fitting and the people at Alexander McQueen said they had a gift for me. (Points to her black smooth calf leather Heroine bag.) I was searching for a bag, too.





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Helping a living room grow up

I live alone in an apartment that I rent. My living room is a good size (12-by 16) and I get nice sun light. I want to redecorate, and I am sick of seeing my oversized brown couch. I don't want my small apartment to look small and want it to feel more grown up. -Sandra, Montreal



CENTRE

Find a few things in the room that you love and build the room around them.

The rug, for instance, is a classic, and although pink, Persian-style rugs are not the biggest rage at this time, your quality rug can stay in the room as long as you build around the colours and classic style. I have chosen a palette of greys and pinks to play off the carpet and give the room a sophisticated, feminine look.

The first thing to do is to

get your furniture ordered, which will often take a few weeks. This will give you time to clear out the living room and paint the walls. Wait until the furniture is in place before deciding on lighting, artwork and small accessories. This will give you a better idea as to what

- Hang a large mirror over your new sofa to bounce light into the room.
- Add dark grev drapery panels on each side of the window to soften the
- Choose a medium-wood tone for picture framing in the room to tie in the floors and furnishings.
- Add decorative cushions - patterned ones on the plain sofa and plain ones on the patterned chairs.



Before

Sandra's living room needed to grow up in terms of style and decor.



The simplest way to change the look of the

room is to add colour to the walls. I suggest a deep pink brick colour. This will help tie in the Persian-style rug that is currently in the room. Lip Gloss, Benjamin Moore.



New sofa, \$2,100

I suggest a foggy blue/grey coloured sofa to help cool down the room and give it a sophisticated feel. Tailor Sofa, Crate & Barrel.



TV stand, \$600

A sleek media centre will be a better option than the crate that currently holds the television. Demio Media Shelf, Structube.



Side chairs, \$600

Purchase two upholstered side chairs and place them in front of the window, separated with a small side table. RUSS Chair, Urban Barn.



Storage, \$650

Ground the entrance wall with a stylish wardrobe to keep coats, shoes and sports equipment hidden away. PAX Wardrobe,



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WHEN WINTER'S AT YOUR DOOR...

PREP YOUR HOME FOR THE SEASON — AND EMERGENCIES

The clocks go back an hour the first Sunday in November, announcing the impending arrival of winter. Is your house ready?

First, make sure your heating system is up-to-date in inspections and is in good working condition. If you use a furnace, check if your maintenance plan includes 24-hour emergency coverage so you know where to call if it conks out at 3 a.m. on a Friday.

If you burn wood, stock up. Nova Scotia has had problems with rogue firewood dealers in recent years – if you're worried, you can consult the province's voluntary Registry of Firewood Vendors. The main problem is in the amount you pay for, and what you get. A "cord" is a legal unit of measurement, but an apartment cord, furnace cord, bush cord and a dozen other terms are legally meaningless and can be used to shortchange you.

Prepare a winter emergency kit in case the power goes out and you lose heat and your phone. Pack a flashlight with fresh batteries, and spare batteries, a radio that runs on batteries and a charged up cell phone. You can add warm blankets, water and non-perishable food as an added precaution.

Check that you have enough working smoke detectors to protect your house.

You can get a head start on the first storm of the year by buying a supply of salt and making sure you have a good shovel. Canada's Public Health Agency warns it can be a dangerous activity as the cold and hard work can "pose fatal risks on the heart."

Plow shovels are good for moving large amounts of light snow, but a smaller



ISTOCKPHOTO/THINKSTOC

KEEP A HARD COPY

An emergency list of phone numbers on paper will be invaluable if your mobile devices run out of energy and you aren't able to Google a phone number

shovel may be better for soggy, heavy snow. If you have a snowblower, get it tuned up for the winter.

Outside, prepare your garden for its winter slumber. Bring in any lingering tomatoes, dig up and bring inside any perennials that can't survive being frozen, and cover over any sensitive areas. Sweep leaves and lawn debris away from the house. If you have a shed, make sure it's closed tightly so that no animal can sneak in and make it a winter home.

While you're outside, bring your caulking gun or spreading foam to seal up the area around dryer vents, outdoor taps and other places where the outside air can sneak inside.

— Jon Tattrie





KEEP THOSE FIRES BURNING SAFE

ANNUAL CHECK-UP IMPORTANT FOR CHIMNEY, FIREPLACE

If you plan on roasting chestnuts on an open fire this winter, make sure your fireplace will burn cleanly and not burn your house down.

Luke Chaulk of Black Magik Chimnev Sweeps says you should have the chimney and fireplace inspected once a year. "You're going to have the formation of creosote and that can cause a chimney fire," he says. "It also makes sure there aren't any cracks or safety concerns."

An inspector will check the entire area to make sure it's up to code so you can burn without concern.

Chaulk says problems can build up even if you've only used it a few times. "If someone is burning wet or unseasoned wood, you can

have enough creosote formed in a matter of days to have a chimney fire."

Chaulk says now is a better time than never to book an inspection, but the ideal time is spring, when you're shutting it down for the year. "Creosote's a bit acidic, so if you want to get the most amount of life out of your appliance, you want to get that creosote

out of there," he says.

You also get to avoid the rush and if the inspection reveals problems that need to be fixed, you have the summer to get

"IF SOMEONE IS BURN-ING WET OR UNSEASONED **WOOD, YOU CAN HAVE ENOUGH CREOSOTE FORMED IN** A MATTER OF DAYS TO HAVE A **CHIMNEY FIRE."**

- LUKE CHAULK, BLACK MAGIK CHIMNEY

it done without losing any of the burning

You can burn fallen wood from your yard, but it might not burn well. Chaulk says it works as kindling, but if you're using it a lot you might want to buy it from a registered vender. "You want your wood to be well seasoned. If it's hissing or taking a long time to burn, chances are it's an unseasoned piece of wood," he

If you decide you do not want to use your chimney, it is probably worth your while to have it closed properly. "If you have an open masonry fireplace, it leaks air. It's like having an open window in your home," he explains.

Something like a Lock-Top Damper will keep the warm air in, and the elements and animals out.

- Jon Tattrie





NEVER TOO EARLY FOR SPRING PREP

WINTERIZING ALSO MEANS THINKING AHEAD TO THE THAW

To avoid unpleasant surprises during your spring cleaning, experts say you should take time now for winter preparation.

Sherry Donovan of the Nova Scotia Homebuilders Association suggests starting inside and working your way out. If you haven't yet installed programmable thermostats, this might be the time to do it. "They help to maintain the consistency in your home's temperature and reduce the highs," she explains.

Inspect your windows and doors. If

they're in bad shape, you might want to replace them. Even if they're good, remember that weather stripping and caulking wears out in a few years and will need to be replaced. This will keep the cold drafts out of your house

"And don't forget [insulation over] the attic hatch. It can results in a lot of heat loss in that area of the house," she adds.

"OFTEN PEOPLE WILL TURN OFF THEIR HEAT IN THE WINTER **MONTHS AND NOT HEAT THE GARAGE. YOU** SHOULDN'T **TURN IT OFF** COMPLETELY **BECAUSE THERE** IS THE POTEN-**TIAL FOR PIPES** TO FREEZE."

– SHERRY DONOVAN, NOVA SCOTIA HOMEBUILDERS ASSOCIATION



Take a tour of your house to make sure the heaters are not blocked or damaged.

"The other area of the house is the garage. Often people will turn off their heat in the winter months and not heat the garage. You shouldn't turn it off completely because there is the potential for pipes to freeze," she says. "Just leave it on slightly and keep your garage door closed."

If you can safely access your roof, go up and look for damaged, missing, cracked or curling shingles. It's better to fix them before the ice and snow come, because that could exasperate the

If you can't get up to the roof, hire someone to inspect it for you.

"Another area that gets overlooked is eavestroughs. Clean them out - you've got debris, leaves, pine needles. If they freeze in there, that can create challenges in the long run.

"They can create leaks and water damage," she adds.

Also have a look at trees to see if any are hanging over your home that could be blown down in a storm. You can cut them yourself if you have the right equipment, or you can hire professionals.

That should keep your house warm and safe for the winter, and sidestep any major problems in the spring thaw.

- Jon Tattrie

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SAFE ON HOME ICE

"APPLY (SALT)

AT JUST THE

RIGHT TIME —

WHEN IT'S JUST

STARTING TO

FREEZE. IF YOU

WAIT TOO LONG.

IT'S GOING TO

TAKE THREE

TIMES AS MUCH

SALT."

— LENNY MACISAAC, Halifax's LM Landscape And Property Services

A Nova Scotia winter storm fluctuating between snow, melting, and then freezing rain can swiftly turn your driveway into a skating rink.

Icy falls are a major source of injury for homeowners, postal workers and others who

need to venture onto your slippery territory. A little preventative action may keep your home safe.

In Halifax, people are required to keep their sidewalk clear and ensure no icicles dangle dangerously overhead. You need to clear your sidewalk within 24 hours of a storm.

Lenny MacIsaac is the owner of Halifax's LM Landscape and Property Services, which keeps commercial properties clean during the winter and summer. He says when the snow starts to fall, monitor it and be ready to tackle it in progress. If you stay inside with a hot cocoa, the end of the storm might present you with a driveway encased in 10 centimeters of ice.

If that happens, you've got a problem. MacIsaac says you'll be out there for hours, or even days, battling your driveway with an ice pick and bags of salt. You might even

have to call in a professional with a machine to break through to asphalt.

"The best way, we find, is to maintain it through the storm. It's going to be a lot easier on you in the end," he says. "If you leave it, in our climate, it's going to be a

mess.'

You can keep ice at bay with salt, but make sure you have the right kind. Regular rock salt stops working when it's too cold and you'll have to use a calcium chloride salt to thaw your driveway. "And apply it at just the right time - when it's just starting to freeze," MacIsaac adds. "If you wait too long, it's going to take three times as much salt."

If you do find yourself fighting a winter wonderland, you can spread sand to provide traction for yourself, and for anyone else who strays into your property.

MacIsaac says you should keep the sidewalk, driveway, front steps

and porch clean. You should also know what route your oil company takes to fill your tank and do them the courtesy of shoveling the path for them.

- Jon Tattrie

SAVINGS ADD UP WHEN YOU SEAL OFF AIR LEAKS

With the days getting progressively colder and the heater working to keep your family warm, it makes sense to ensure your home does not have any drafts that can allow the heat to

Air leaks within a home not only make rooms feel uncomfortable, but also allow warm, heated air from inside to escape quickly which can drive heating bills upwards.

In poorly lit or below grade areas such as basements, any cold drafts and dampness can also be a concern.

Using an energy efficient insulation can help address any air leaks as well as help improve comfort within the home.

For instance, spray foam insulation like that available from Icynene, creates a continuous air barrier by expanding within seconds to fill in every gap, crack or crevice to mitigate any heat and energy being lost.

Spray foam insulation seals the



DRAFTS: THE SILENT THIEF

entire building envelope and provides a cost-saving option to help reduce monthly heating bills. Over the longterm, the savings can quickly add up and drafts become a thing of the past.

Smart homeowners who address air leaks will not only reduce energy waste, but they can expect to spend less on heating ventilation. Spray foam insulation is a modern, eco-friendly solution giving homeowners the opportunity to eliminate household drafts with confidence. Further information on the topic of air leaks can be found online at icynene.com.

- News Canada



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LET SUN SHINE IN

SKYLIGHTS QUICKLY IMPROVE ROOM'S COMFORT, BEAUTY

The positive health effects of sunlight were first acknowledged by the Egyptians, ancient Greeks and Romans, each of whom worshipped their own sun god.

There are many aspects of human health including energy levels and hormone function, which are directly-related to exposure to natural light.

The benefits of natural daylight are extensive and proven. From increased productivity to better test scores, improved access to daylight can have a dramatic effect. Natural daylight can improve mood, enhance morale, reduce fatigue and reduce eyestrain.

With winter approaching, consider the impact that shorter days can have on your quality of life. Many of us are familiar with the winter doldrums, but for some people, seasonal affective disorder is an illness that reduces energy levels and robs them of life's enjoyment.

For those who do suffer in winter,

sunlight is a natural antidepressant. In one study of people with seasonal affective depression, 100 per cent of people found a decrease in their symptoms from just two weeks of having 30 minutes of light therapy each weekday morning.

When it comes to your home environment, adding a skylight is a quick and cost-effective way to dramatically improve the appearance and comfort of a room, simply by letting in more natural light. Roof windows and skylights allow you to take advantage of daylight and sky views when your roofline or privacy concerns do not permit vertical window placement. Skylights enhance the value of your home and can provide energy savings too.

Venting skylights contribute to greater thermal comfort and ventilation, say experts in this field. Skylights can improve indoor environmental quality by removing excess heat, moisture, odours, and other VOC indoor pollutants.

They can also help reduce the need for air conditioning during the year thanks to the chimney effect venting skylights create. Added daylight will reduce your family's reliance on electric lighting. For smaller spaces like laundry rooms,



NEWS CANADA

bathrooms and hallways, a sun tunnel will work in 95 per cent of home space on any level of the home.

Using the sun as a bulb, sun tunnels create a sustainable alternative to electric lighting that generates as much light as a traditional 60W electric bulb, even on

cloudy days

A modest investment in a skylight or sun tunnel will pay off in improved health, vitality, and by adding to the energy efficiency and market value of your home. More information is available online at velux.ca. — News Canada



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GREEN THUMBS BEFORE JACK FROST

THESE THREE TIPS ENSURE A HEALTHY SPRING GARDEN

A well-maintained garden can add curb appeal to your property and increase the value of your home. This is true of every

"When frost is in the forecast, it's time to get your garden ready for winter," says Ralph Stephen, a broker with Royal LePage Atlantic in Saint John, N.B. "Whether you need to apply a fresh layer of mulch, or new plants require some extra attention, winterizing will help maintain curb appeal throughout the winter and decrease your spring workload."

He recommends these three last minute garden preparations:

1. Once the ground has frozen, spread a six inch layer of winter mulch on your gardens. Mulching prevents soil erosion and protects any remaining plants from extreme changes in temperature. Spreading mulch too early may encourage rodents to nest in the soil.

2. Continue watering freshly planted shrubs and plants. While plants enter a state of hibernation in the winter,

watering right up until the first frost is crucial for any new additions to your garden.

3. Consider leaving perennials you may otherwise cut back. Although some perennials may lose their aesthetic appeal over the winter, there are several varieties that maintain their beauty. Ornamental grasses, for example, provide texture in

"WINTERIZING
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THROUGHOUT
THE WINTER
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YOUR SPRING
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— RALPH STEPHEN, Royal Lepage Atlantic Broker

your garden during the winter months. Resist the urge to cut back all your perennials.

Remember, even a winter garden can create curb appeal. As Marjorie Harris, one of Canada's leading writers on this topic says: "The garden, soon to be stripped of leaves, is a fantastic place this time of year."

More information on increasing curb appeal can be found online at royallepage. ca.

- News Canada



ICE DAMS WREAK ROOF HAVOC

BUILD-UP OF ICE CAN CAUSE WATER LEAKAGE PROBLEMS

Now is the time to speak to an insulation provider about air sealing your attic before winter arrives.

Major damage can be sustained from ice damming, so it's never too early to start thinking about a solution.

A poorly or under-insulated attic may develop ice on the roof. When a heating system produces warm air, some of the warm air can escape through the ceiling which then comes into contact with the inside edge of the roof.

When snow falls onto the roof, it will melt from the warm air and slowly trickle down and freeze on the edge. As more ice builds, a dam is created and can cause serious water leakage problems.

Climbing up to try and break the ice is dangerous as well as laborious. While serious, the effects of ice damming can be easily controlled with the installation of spray foam insulation.



Spray foam insulation, like those produced by Icynene, provides an effective barrier against ice damming. Professionally installed, a spray foam air barrier stops heat from escaping through the roof.

Without an effective measure, the potential for water leaks increases, say specialists in this field. If that happens, your walls will become moist and the likelihood of mould developing compounds the damage. The cost of repairing mould-damaged walls is reportedly high so it's worth preventing leaks before they

An effective spray foam insulation also helps reduce energy bills. The heat previously escaping through the roof would be contained, thereby reducing the need to continuously operate a heater.

More information can be found online at icynene.com. - News Canada





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ECO-FRIENDLY EQUALS SAVINGS

EFFICIENCY KEY TO REDUCING COSTS OF HEATING IN WINTER

As winter approaches, it's a good time to think about cost savings and your home's impact on the environment.

"There are a myriad of reasons to make your home a more eco-friendly living space," says Carlo Racioppo, a broker with Royal LePage Realty Plus in Mississauga, Ont. "You not only have the ability to save money on your energy bills, but you can also create a brighter future for our planet. You simply need to know where to start."

Racioppo recommends these three heating-related tips for saving energy and minimizing your home's carbon footprint during winter:

1. Replace or clean furnace filters once per month. Darren Voros, the national manager of The Home Inspection Network says: "Dirty filters restrict airflow and increase energy use. Keeping your furnace clean, lubricated and proper-



STOCKPHOTO/THINKSTO

ly adjusted will reduce energy use, saving up to five per cent of heating costs."

2. Remove window screens. For the most part, homeowners keep their windows closed during the cold winter months in an effort to seal in warm air. Screens can block up to 20 per cent of the sun's warm rays, which may encourage you to turn up the thermostat. Remove your screens and take advantage of nature's freebies.

3. Run your ceiling fans in reverse. Doing so, at a moderate speed, will recycle any warm air sitting near your ceilings and push it back down into your living areas. Turning your fan in a

clockwise direction during the winter can help you recycle up to 10 per cent of your home's heat.

Heating comprises about 60 per cent of a home's energy bills during winter and the savings may surprise you. More information on home efficiency can be found at royallepage.ca. — News Canada

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metronews.ca Thursday, October 25, 2012 metr⊕

Guilt-free brownies — no, seriously

Boasting sugar alternatives, these cocoa-nut Brownies from The Joy of Gluten-Free, Sugar-Free Baking by Peter Reinhart and Denene Wallace make a great treat.

- 1. Heat the oven to 350 F. Line an 8-inch square baking pan with parchment paper, then mist it with cooking spray.
- 2. In a medium bowl, combine the pecan flour, almond flour, Splenda or sweetener, cocoa

- 2 cups (8 oz) pecan flour
- 1 cup (4 oz) almond flour
- 2 cups Splenda or Stevia Extract in the Raw, or 1/2 cup New Roots Stevia Sugar
- 1/2 cup (1 1/2 ounces) unsweetened natural cocoa powder (not Dutch-process)
- 2 tsp baking powder
- 3 eggs
- 1/2 cup unsweetened chocolate soy milk or chocolate almond milk
- 1/4 cup (1/2 stick) salted butter or margarine, melted
- 1 tbsp vanilla extract
- 1/2 tsp liquid Stevia

powder and baking powder. Whisk until well mixed.

- 3. In large bowl, whisk the eggs, soy milk, butter, van-illa and liquid Stevia until thoroughly blended. Add the flour mixture and whisk or stir with a large spoon until all of the ingredients are evenly incorporated to make a smooth, sticky batter. Pour the mixture into the prepared pan, spreading it in an even layer.
- **4.** Bake for 15 minutes, then rotate and bake for another 10 minutes, or until the brownies are just slightly springy but still jiggly when pressed gently at the centre. If you like fudgy brownies, remove them from the oven at this point. If you prefer them to be more cake-like, continue baking for a few more minutes, or until a toothpick inserted at the middle of the brownies comes out clean.
- 5. Let the brownies cool in the pan for at least 15 minutes. You can either cut the brownies in the pan, or transfer the whole piece to a cutting board before cutting. Cut them in a 3-by-4



grid to yield 12 brownies. THE ASSOCIATED PRESS/ RECIPE

FROM PETER REINHART AND DENENE WALLACE'S THE JOY OF GLUTEN-FREE, SUGAR-FREE BAKING, TEN SPEED PRESS, 2012

All the yum, none of the regret



After more than two decades of research into glutenfree baking, legendary bread maker Peter Reinhart and his baking partner Denene Wallace have released a collection of 80 recipes for breads, pastries, cookies, cakes and more.

The Joy of Gluten-Free, Sugar-Free Baking also allows readers to make the recipes vegan friendly by following dairy and egg substitution guidelines.

Recipes include: banana bread, garlic breadsticks, blueberry-hazelnut muffins, carrot cake with cream cheese frosting and more.

Give the classic cookie recipe a gluten-free makeover



- **1.** Heat oven to 180 C (350 F). Line baking sheets with parchment paper.
- $\mathbf{2.}$ In bowl, combine almond flour, salt and baking
- In a medium bowl, combine grapeseed oil, agave and vanilla. Add to almond flour mixture and mix until thoroughly combined. Fold in chocolate chips and almonds.
- 4. Spoon dough one heaping tablespoon at a time onto baking sheet and press down to flatten. Bake for 7 to 10 minutes, until lightly golden. Let cookies cool on

utes. THE CANADIAN PRESS/CALI-FORNIA ALMONDS, ALMONDBOARD.

- 625 ml (2 1/2 cups) almond
- 2 ml (1/2 tsp) baking soda

- 125 ml (1/2 cup) dark choco-
- 125 ml (1/2 cup) sliced almonds

baking sheets for 20 min-

- 2 ml (1/2 tsp) salt
- 125 ml (1/2 cup) grapeseed
- 125 ml (1/2 cup) agave
- nectar
 15 ml (1 tbsp) vanilla
- late chips

- together butter and sugar until smoothly combined. Add egg, vanilla and lentil purée and continue until mix is smooth.
- 3. In separate bowl, whisk flour, baking powder and salt, evenly distributing the finer powders among coarser ones. Add dry ingredients to the wet ingredients and mix well.

Lentil Cookies. Chocolate chips and lentils make for one-of-a-kind treat

The children won't be aware these cookies contain a secret yet healthy ingredient — lentil purée. To make lentil purée, purée four parts cooked lentils with one part water. You can stir the purée into any soup.

1. Heat oven to 190 C (375 F).

- 2. Use food processor to cream
- 4. Stir in chocolate chips. Roll

into balls or drop by spoonful, placing about 5 cm (2 inches) apart on a lightly oiled baking tray. Bake 12 minutes. Let cool for a few minutes, then serve. THE CANADIAN PRESS/CHEF MICHAEL SMITH FOR LENTILS.CA

- 125 ml (1/2 cup) butter.
- 500 ml (2 cups) brown sugar,
- 1 egg 10 ml (2 tsp) vanilla
- 125 ml (1/2 cup) lentil purée • 500 ml (2 cups) all-purpose
- 10 ml (2 tsp) baking powder
- 2 ml (1/2 tsp) salt
- 500 ml (2 cups) chocolate chips



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metronews.ca Thursday, October 25, 2012 HALLOWEEN FUN

Big Bird meets Gangnam

Costumes. Some of the hottest outfits this Halloween season are inspired from pop culture

BUCHAN

The final countdown to Halloween has begun and the hot topic amongst kids and adults alike across the country is what to dress up as for Fright Night 2012.

It seems that every year there is more and more variety available. What you choose simply depends on budget, taste and time.

Here are some of this year's hottest costumes for people of all ages:

Depending on a child's age, costumes are more about fun than fright, with many wobbling dlers

around in cutesy, rather attire that's sure to elicit some ghoulish gig-

For preschoolers. the most popular tumes year after clude animals dogs, (puppy

horses. bunnies and cows reign supreme) as well as firefighters, interestingly hotdogs



While traditionally spooky costumes like ghosts, ghouls, goblins and witches are classic go-to's every year, increasingly, popular culinfluences ture the costume decisions of teens and adults for Halloween parties. At Candy's Costume

Shop on Mount Pleasant Road in Toronto, Dorothy costumes have already sold out, a trend staff attribute to the reality TV singing competition Over The

Rainbow. Other popular teen adult COStumes that experts predict will be out and about

Lady Gaga (her ecwardrobe centric provides endless outrageous costume op-tions), South Korean pop star Psy, whose pop song Gangnam Style, with

complete invisible horse dance moves, went viral on the Internet, and Big Bird (thanks to U.S. presidencandidate Mitt Romnev's namedropping of the beloved

Sesame

Street character during the first presidential debate). According to ABC News, Big Bird costumes are flying off the shelves at U.S. costume shops.

Year after year, the most popular costumes for boys are of the superhero variety, and this year, the impact of

the Twilight franchise on tweens and teens alike cannot be overstated. So you can expect to see boys and girls

alike dressed as vampires and this werewolves Superhero costumes, including Batman and Captain America, both influenced by

the megapopular films, will also plentiful. While in

davs past, many donned

princess costumes to do their trick-or-treating in, this year, staff at Candy's have seen more young girls opting for vampire and ghoul costumes. And thanks to the recent Little Red Riding Hood and Snow White-based movies, there is expected to be a resurgence of both fairy tale characters this year as well.

Given

cost u m e options, Halloween 2012 is sure to be spooktacular.

Say Boo! to boring costumes













SPORTS

It goes to 11: Drouin stars as Moose streak grows

QMJHL. Seventeen-day layoff doesn't slow down slick winger as Moose win 11-straight game



MATTHEW **WUEST**

It didn't matter that Jonathan Drouin had missed six straight games with a shoulder injury he didn't miss a beat.

The 17-year-old left-winger returned to action at the Metro Centre on Wednesday and was the best player on the ice, guiding the Halifax Mooseheads to a 6-2 win over the Drummond-ville Voltigeurs and extending their winning streak to 11

Drouin, who had 17 days between games and didn't practise with contact until Monday, was all over the ice, finishing with first-star honours on two

goals and two assists.
"It almost looks like he came back stronger than he was before," said Mooseheads defenceman Konrad Abeltshauser.

Drouin set up two Nathan MacKinnon goals — helping his prolific linemate reach 13 tallies during an eight-game streak, not to mention his league-leading 17th of the season - and wowed the crowd of 6,634 with his slick scoring

"It's a great honour to win 11 in a row. It's really hard to keep that going. We'll go one game at a time and try to get to 12 on Saturday."

Mooseheads winger Jonathan Drouin

NBL

Rainmen look for first win

The Halifax Rainmen are back on the court on Thursday night in Saint John, N.B.

The Rainmen, who lost 105-97 to the Summerside Storm in their National Basketball League of Canada pre-season opener at the Metro Centre on Sunday, visit the Saint John Mill Rats at 7 p.m.

Halifax's regularseason schedule opens on Nov. 2 on the road against the Windsor Express.

Halifax moves ahead of Quebec

The Mooseheads have achieved their highest standing of the season in the Canadian Hockey League's weekly top-10

ranking.
The Mooseheads finally moved ahead of the Quebec Remparts prior to Wednesday's game to grab second spot behind the Western Hockey League's

Kamloops Blazers (12-0-1). The Remparts (10-2-0) dropped to No. 3, while the Blainville-Boisbriand Armada (10-2-2) remained in the top-10 at No. 5.

METRO

His first goal came on a snappy wraparound late in the first period, and he scored the back-breaker at 10:57 of the third with the Mooseheads short-handed and nursing a 3-2 lead. He broke up a play at centre ice and raced in on a breakaway, deking to his backhand and lifting the puck over Voltigeurs goaltender Louis-Philip

"I've been anxious to get back out there with the guys, you know," said Drouin, who now has seven goals and 12 assists for 19 points in eight

"I did my job well, got some goals and points, and helped the team win. I didn't anticipate having four points and stuff like that, I was just trying to help the team win.'

The first-place Mooseheads (13-1-0) are just four wins away from matching their franchise



ger Jonathan Drouin, left, and Drum

record of 15 straight set in

1998.
"You don't want it to end. you want to keep it going, Drouin said. "That's the best part of it, when you come into the room and you've won an-

other game. It's really fun for the guys."
Halifax is back in action at

the Metro Centre on the weekend, taking on the Chicoutimi Sagueneens (6-6-2) on Saturday at 7 p.m. and the P.E.I. Rocket

(9-4-0) on Sunday at 4 p.m. "You can't be satisfied," said Mooseheads captain Stefan Fournier. "You have to want another one and want another one and that's where all of our heads are.'

Bluenoser Grant extends stay in UFC

Cole Harbour's T.J. Grant has signed a new four-fight contract to remain in the UFC.

Grant, who posted the news on his verified Twit-ter account on Tuesday night, is coming off his third straight win on Sept. 22 in UFC 152 in Toronto, where he defeated Evan Dunham by unanimous decision and pocketed a reported \$65,000 for having the "fight of the night.

That fight didn't make the pay-per-view card but the gruesome, highlight-filled battle resulted in blood spilling from each

T.J. Grant's UFC lightweight ranking on the website rankingmma.com.

fighter and drew plenty of

The 28-year-old's overall UFC record is 6-3 but he's undefeated since moving down from the welterweight class to the lightweight class.

His next fight has not yet been scheduled.



Lockout. Darkness falls on NHL labour talks

The NHL's labour talks have entered a dark period. When that will lift is anyone's guess.

Rather than working towards progress on a new collective bargaining agreement in the coming days, the league is expected to start making grim announcements that will be all-too-familiar to fans who lived through the 2004-05 lockout.

It's a virtual certainty that a full 1,230-game schedule won't be played, with commissioner Gary Bettman acknowledging Wednesday acknowledging Wednesday that "it looks like an 82-game



season (for each team) is not going to be a reality. THE ASSOCIATED PRESS

Doping fallout

Armstrong N.Y. marathon results could be purged

Lance Armstrong's results erased from the record books will likely include his 868th-place finish at the 2006 New York City Marathon.

Marathon organizer New York Road Runners said in a statement on Wednesday it expected to wipe out his times once any potential appeals play out, since the race follows USADA rulings.

THE ASSOCIATED PRESS

NHL. Blue Jackets bring in veteran exec Davidson

Unlike many people in hockey, John Davidson wasn't afraid of the losing tradition of the Columbus Blue Jackets.

"I like the idea of the challenge. I mean, it's possible. In fact, it's something we're going to do," Davidson said Wednesday after being hired as the Blue Jackets' new president of

hockey operations. The former player, Hall of Fame broadcaster and St. Louis Blues president believes he can transform a franchise with just one, brief trip to the post-season into a Stanley Cup contender.

"We'll win our share. As we move along here, we'll win more than our share.

John Davidson

Davidson will take over a new position. The former president, Mike Priest, will now concentrate only on the business side of a team that had the worst record in the NHL last season (29-46-7, 65 points).

THE ASSOCIATED PRESS

NFL

Vick's job on the line vs. Falcons

Michael Vick isn't looking over his shoulder, though he could be a few more turnovers away from a seat on the bench.

Vick's job as the start-ing quarterback for the Philadelphia Eagles has never been less secure than it is now. He's going to have to prove himself on a weekly basis going forward.

"I'm giving it everything that I've got and I'm going to continue to do that," Vick said Wednesday. "I can sit here at my locker and say, 'We're going to do it. We're going to get it done.' It has to happen on Sundays. That's

it. Bottom line."
The Eagles (3-3) are coming off a bye that followed two straight losses on final-play field goals. Coach Andy Reid already made it clear he'll do whatever he can to turn the team around when he fired defensive co-ordinator Juan Castillo after six games. After that move, Reid sent notice to the players that everyone's job is on the line, including Vick's THE ASSOCIATED PRESS

Pablo nearly perfects art of long-ball to open World Series



MLB. Burly third baseman cranks three homers as Giants run away with Game 1

Pablo Sandoval became just the fourth player to hit three home runs in a World Series game, connecting twice against Justin Verlander and once off Al Alburquerque to boost the San Francisco Giants to a 8-3 win over the Detroit Tigers in Game 1 on Wednesday night.

Sandoval hit a solo home run to right-centre in the first, a two-run, opposite-field drive to left in the third and another bases-empty shot into centre-field in the fifth. He joined Babe Ruth (1926 and 1928), Reggie Jackson (1977) and Albert Pujols (2011) as the only players with three-homer

games in the Series.

Barry Zito, who like Sandoval watched the 2010 Series opener from the dugout, allowed one run and six hits in 5 2/3 innings for the victory.

Given a 6-0 lead, he gave up an RBI single in the sixth to Triple Crown winner Miguel Cabrera.

Verlander was chased after allowing five runs and six hits in four innings, his shortest start this year. He threw 98 pitches, and Detroit manager Jim Leyland could alter his rotation and start him in Game 4 on short rest instead of Max Scherzer. That would enable Verlander to pitch a possible Game 7, again on three days

Verlander was 0-2 as a rookie in the 2006 Series against St. Louis but had been superb this October, entering with a 3-0 record and a 0.74 ERA.

THE ASSOCIATED PRESS

New York Islanders to call Brooklyn home



Now hockey is coming to Brooklyn. The NHL's New York Island-

ers have agreed to move to the Barclays Center starting with

the 2015-16 season. "Hello Brooklyn!" Islanders owner Charles Wang said as he made the announcement at a news conference Wednesday. The lease deal is for 25

Officials in nearby Nassau County, N.Y., have struggled for years to come up with a plan to either renovate or build a new arena to replace the Nassau Veterans Memorial

The Barclays deal took seven months to complete and was finished Tuesday night, according to Wang, who said he had wanted to keep the team local.

Coliseum, which opened in 1972. Wang, the founder of a computer software company, presented a plan in 2003 for a privately funded multibilliondollar development of housing, retail and a new arena on

the property, but the proposal

met community opposition.

Wang had long threatened to move the team from its home in Uniondale after the club's lease expired following the 2014-15 season.

"Brooklyn is big time and now we have the big-league sports to prove it," Mayor Mi-

chael Bloomberg said. Long Island fans seemed resigned to the move for a team that won the Stanley Cup every year from 1980 through 1983 but missed the playoffs last season.

THE ASSOCIATED PRESS



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BY MICHAEL WIESENBERG

T Aries

March 21 - April 20

You will go out of your way to prove you have what it takes, but don't go too far and do something that lands you in a lot of trouble. By all means, be adventurous but keep things in perspective too.

Taurus April 21 - May 21

You may be tempted to take some kind of risk but the Sun linked to Saturn in your opposite sign warns that's not such a good idea. Try to think through the consequences of your actions before you take

∐ Gemini

May 22 - June 21

No matter how eager you may be to change your life for the better, you still need to invest a bit more time thinking things through. Your plans may never be watertight but they can be more realistic.

Gancer

June 22 - July 23

Your confidence is back and everyone is praising you to the skies. That is all very nice but you should be aware that some of those people don't really want to see you succeed. You know who they are.

Ω Leo July 24 - Aug. 23

It might be tempting to get involved in a dispute of some kind but if you are smart, you will keep your distance. Nothing you do or say will change the situation one little bit, so leave well alone

W Virgo Aug. 24 - Sept. 23

If you allow other people to speak on your behalf, you will probably regret it. Either speak for yourself or keep your thoughts secret. In general, the less others know about your plans and ambitions, the better.

△ Libra

Sept. 24 - Oct. 23

The Sun close to Saturn in the money area of your chart warns you need to be realistic about your cash flow situation. Don't spend it if you haven't got it — and, if you have got it, save it for later.

M Scorpio

Oct. 24 - Nov. 22

You may think that nothing can harm you, that fortune favours you because you are bold. To an extent that is true, but don't get silly about it. Even Scorpios are human. Even Scorpios bleed. Be careful.

₹ Sagittarius Nov. 23 - Dec. 21

To resolve a long running problem, you may need to team up with someone who knows more about a specific area than you do. You can make use of their knowledge and they can make use of your energy.

17 Capricorn

Dec. 22 - Jan. 20

Everything has its place and purpose. It is simply not true that we live in a meaningless universe. You may be a down to earth sort by nature but today you will want to dig deeper into life's mysteries.

Aquarius

Jan. 21 - Feb. 19

Try not to take anything for granted today. And try not to let your fantasies take over your mind. Wishful thinking can be fun but it can also be dangerous. Reach for the stars but don't lose touch with reality.

H Pisces

Feb. 20 - March 20

There is no point trying to force yourself to do something you don't enjoy because you won't do a good job at it. Either you give it one hundred per cent or you don't do it at all. What will it be? SALLY BROMPTON

This Puzzle Has No Title

Across

- 1. Occupied a chair
- 4. Astroturf rival 7. Desire
- 11. Biggest problems of some celebrities
- 13. Identical
- 14. Québec peninsula along the south shore of
- the Saint Lawrence River 15. Winnie-the-
- 16. "Sad to say ...
- 17. "On the _ __ hand ...": "Here's a different idea ... 18. BC's National Park, in the Rockies near
- Revelstoke 20. Headquartered
- 21. A whole bunch
- 22. Jaguar or Mustang _-et-un: blackjack
- (from French for "21") 25. Side with the football
- 28. Assistants
- 29. Irritate by rubbing 30. A cheer
- 32. Member of a landscaping team who digs up
- weeds 33. Like nonvegetarian
- spaghetti sauces 34. Apple eater's throw-
- away mode: with ice 35. cream (2 wds.)
- 36. Bookstore shelving
- category 37. "____ _ Lane": Beatles song
- 38. "Wild Rose Country" province
- 40. Infraction fees
- 41. Cabin material
- 42. Transmitted

- 43. Black playing card 45. Canada's most populous province
- 48. Cognizant of one's surroundings
- __-Ball: old arcade 49. game
- 50. Makes a mistake 52. Challenges
- 53. Bauxite and galena
- 54. Insecticide ingredient 55. Adds color to
- 56. Place for a drink 57. Asian sauce type

- 1. End-of-summer mo.
- 2. All ___: excited 3. Chisel or hammer
- 4. After-Christmas store
- 5. Rubáiyát poet Khayvam. actor Sharif. or
- House actor Epps
- _ Moines, Iowa 7. Doctor who's Sherlock
- Holmes's sidekick 8. "How ____, Doc?":
 "What's his prognosis?"
- (2 wds.)
- 9. Exceeded the posted limit
- 10. That girl
- 12. Montréal-born Star Trek star William
- 13. Blessed one
- 14. Colonel Sanders, Mitch Miller, or the Devil's beard
- type 19. Gear teeth
- 20. Saskatchewan-born
- folk singer Sainte-Marie
- worse than death:

- dire outcome (2 wds.) 23. String quartet member
- 24. Worthy aim ___. scarlett ____ of Gone With the Wind 26 With '
- 26. Witch
- 27. Brings in, as a salary 28. "Gotcha!"
- 29. Change for a nickel
- 31. "Pay attention!"
- 33. Become one company
- 34. Moved to the middle
- 36. Hollow, crystal-lined stones colada: rum 37.
- cocktail 39. Plays at maximum
- volume 40. Big celebrations
- 42. Villainous expression
- 43. Bend with the breeze 44. Peel 45. Southern US stew

ingredient

- 46. Angers 47. Sandwich cookie
- 48. Also say
- 49. Bawl
- 51. Pig pen



See today's answers at metronews.ca/ answers.



How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's Sudoku

6	2	4	B	7	1	9	3	1
7	0	6	6	4	3	8	1	2
3	8	1.	5	5	2	4	4	7
1	3	9	2	6	5	7	4	ŧ
2	7	6	3	1	4	5	9	8
5	4	11	7	9		1	2	2
4	1	2	5	6	7	3	B	3
g	5	3	1	2	8	6	7	d
в	45	7	4	2	12	2	5	

2	7		1		6		9	4
				3				
	1						8	
		7	5		4	6		
6								8
		2	9		3	1		
	5						2	
				1				
8	3		7		2		1	5

Today

9"/2" Partly cloudy



11"/5" Sunny



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